

# AXIS MUNDI SUMMER 2015

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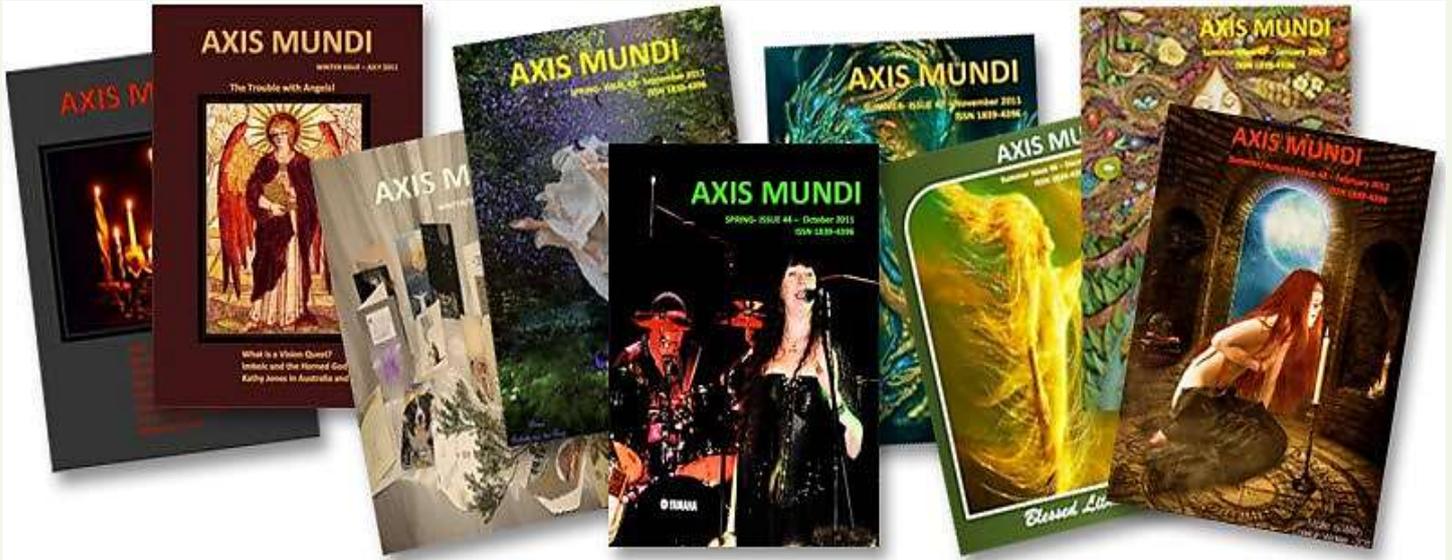
*Summer Solstice*

*by Amanda Clark* ©



# AXIS MUNDI

AXIS MUNDI



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## **Note from the Editor**

***All that is gold does not glitter!***

***I am so glad that 2015 has finally come to an end. This year has been a year of challenges which has brought about a process of re-evaluation and clearing. When the Universe decides to clear something out of your life you can be assured that it is making room for something more ideal to come in. So I am now looking forward to 2016 in anticipation on what is yet to come!***

***In reflection of 2015, I am truly thankful that this year has allowed me to see what was happening around me with my eyes fully wide open. It was an opportunity to observe the real motives of people particularly in the spiritual community and in the process I discovered some real genuine gems amongst all the tinsel and bull dust.***

***So what is done is done and every end marks a new beginning. Keep your spirits and determination unshaken, and with courage, faith and great effort, you shall achieve everything you desire. I wish you a very Happy New Year.***

***Blessings  
Janine***

***“All that is gold does not glitter,  
Not all those who wander are lost;  
The old that is strong does not wither,  
Deep roots are not reached by the frost.***

***From the ashes a fire shall be woken,  
A light from the shadows shall spring;  
Renewed shall be blade that was broken,  
The crownless again shall be king.”  
— J.R.R. Tolkien, *The Fellowship of the Ring****



## Midsummer God – Helios A God to herald in the New Year

The ruling deity of day, Helios or the sun as God, was the supreme god of the ancient world, universally worshipped in both the old and the new world, and this god was allegorically personified in the mythos of every culture. The daily and annual passage of the sun, in myth, became the poetic interpretation of the destiny of all. The birth, death, and resurrection of the sun is a continually reoccurring archetypal image, cradle to tomb, whether the name of the sun god was Hercules, Osiris, Adonis, Bacchus, Mithra, Krishna, or Christ. In early Greek mythology Helios, was sometimes referred to as Helios Panoptes, the "all seeing." His Latin name is Sol Invictus, from which we derive the English word for "sun."

The ancient Greek poet Homer pays homage to Helios in his epics *The Iliad*, *the Odyssey* and the *Hymn to Helios*.

Helios was also the guardian of oaths and the god of gift of sight. Because he was all-seeing he was often called upon to witness oaths and promises. His attributes are the whip and the globe, and his sacred animals are the cock and the eagle.

Helios reminds us that summer is the time where we can pause for a while and view our life from a distance in order to gain a true perspective. During the height of the sun, everything is exposed, your emotions, your thoughts and your motives. It is a time of "all seeing" and a time of adjustment.

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## About the Artist Amanda Clark

everything around us and even the whole world. It can only start, from within ourselves.

Axis Mundi's cover painting comes from Amanda Clark a very talented artist. Here is some information about her art work which you can purchase from her website.

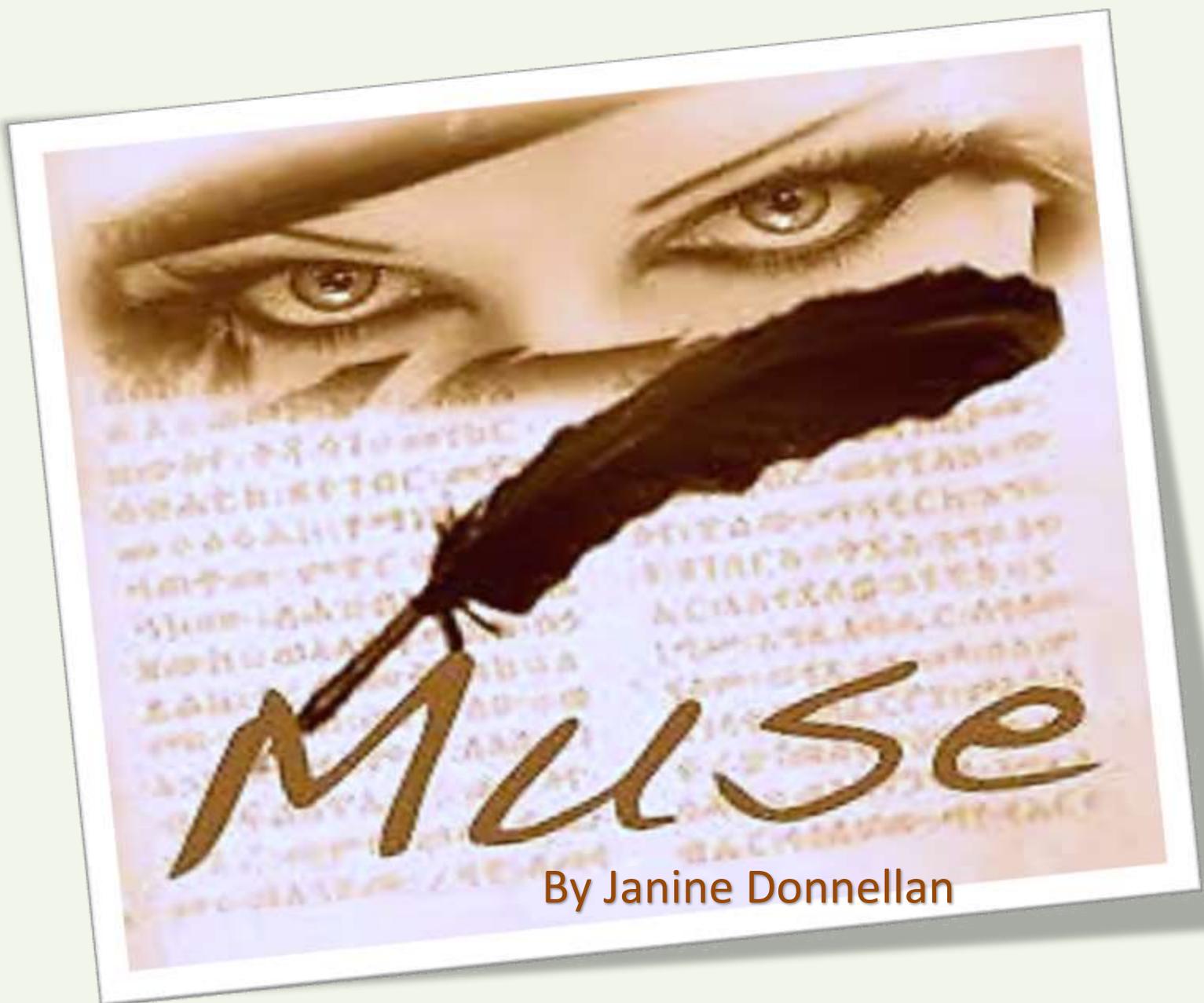
I'm a self-taught artist and creator of artful things. As a little girl, I loved everything creative. I used to paint and make things for hours! So into the inner visions to be interested in watching TV. The magic of imagination! The inspiring visions have always been with me. We are all capable of creating so much beauty of the inner world and outer world that transcends the human spirit, how our souls can fly free! Art for me is a magic potion, a natural remedy to bring us back to harmony, a transformational tool and a way of being. I feel it frees the soul for its higher purpose, to bring peace, love, joy and harmony to this earth. We then become the creators of our lives, and have the power to transform



*Summer Solstice* by Amanda Clark ©



<http://earthangelsart.com/>



By Janine Donnellan

Have you thought about the things in life that inspire you to be creative? What amuses you? Do you have something or someone to help you kick start that spark of creation within you?

So what is a muse you may ask? The muse is usually the physical human manifestation that supplies the passion to act in the world. The muse can be a sexual object. The sexual aspect tends to appear when we create from the passion of what is symbolized in our heart to recreate. In this regard, the muse acts as the external sources of our creative life energy. Although the sources lies within, the inner is reflected in the outer and the muse is the reflection externally. In seeking and obtaining the muse we find the Source within our self.

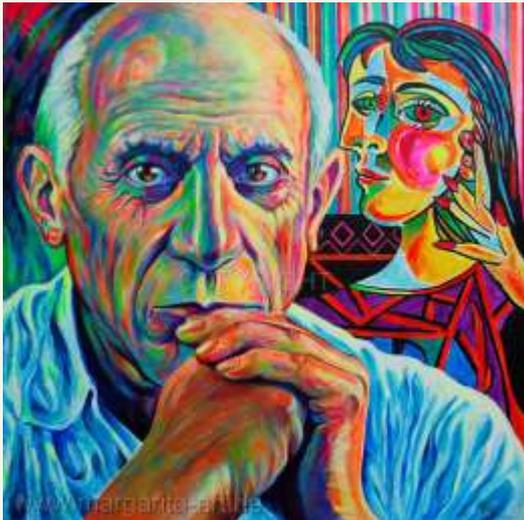
An example of muse is the character Kira from the movie Xanadu.



In the movie Kira was sent to earth to inspire Sonny's creative talents. Sonny was told to paint an album cover for a group called The Nine Sisters and Kira became his muse and his lover.

So a muse is someone who has such an influence on another that he or she becomes the focus and inspiration for that person's creative work. The term has historically been used by artists, musicians and writers to describe the people that they have been in love with and made the subject of their work.

One world famous artist who incorporated his muses into his work was the painter Pablo Picasso. Throughout his life, each of the women he met and loved became his subject.



**Pablo Picasso with his Muse**

Interestingly, the muse is not always a human being, sometimes our muses can be a spiritual being. Many of our muses can appear to us in different shapes and forms from the angelic to our guides from a variety of different dimensions.

Whether the muse is spiritual or a person of flesh and blood, it is true that the world of the arts is indebted to its muses. Without these inspirational people who have loved and encouraged the artist, a wealth of paintings and music would be missing from the world.

The idea of a muse emanates from Greek mythology. The Greek gods Zeus and Mnemosyne had nine daughters called the Muses. They were Greek Goddesses who ruled over the arts and sciences and offered inspiration in those subjects.

The use of the word "Muses" as name for these Deities is derived from the Greek word "mosis"

which relates to the desire or wish (for something). The words museum, music, amusing are based upon the name Muses. Each name holds a repository of meanings that have been expounded upon and are in use today in varied forms, but all with a singular intent of other-worldly or divine inspiration. The Nine Muses are:

Calliope, the muse of epic poetry.

Clio, the muse of history.

Erato, the muse of love poetry.

Euterpe, the muse of music.

Melpomene, the muse of tragedy.

Polyhymnia, the muse of sacred poetry.

Terpsichore, the muse of dance.

Thalia, the muse of comedy.

Urania, the muse of astronomy.

During the period of the Renaissance, which was typified by its prolific and inventive energy, all artists openly and freely acknowledged the Muses' as part of the creative process. The devotion and gratitude that was offered to the Muse(es) was repaid in kind with a continual stream of ideas and artistic expression.

The Muses inspire inception to the completion of an urge, starting projects from outset to finish. Perhaps the Nine Muses can assist you to search for your creative talents, and help you bring your dreams and desires into reality.

Now that 2015 has come to an end, perhaps it is time to search for those things that can become your muse for 2016. Now is the time for looking within, and a time for looking beyond. Now is the time to stretch your minds and reach out for your inner visionary muse to guide you toward new horizons of hope and fulfillment.

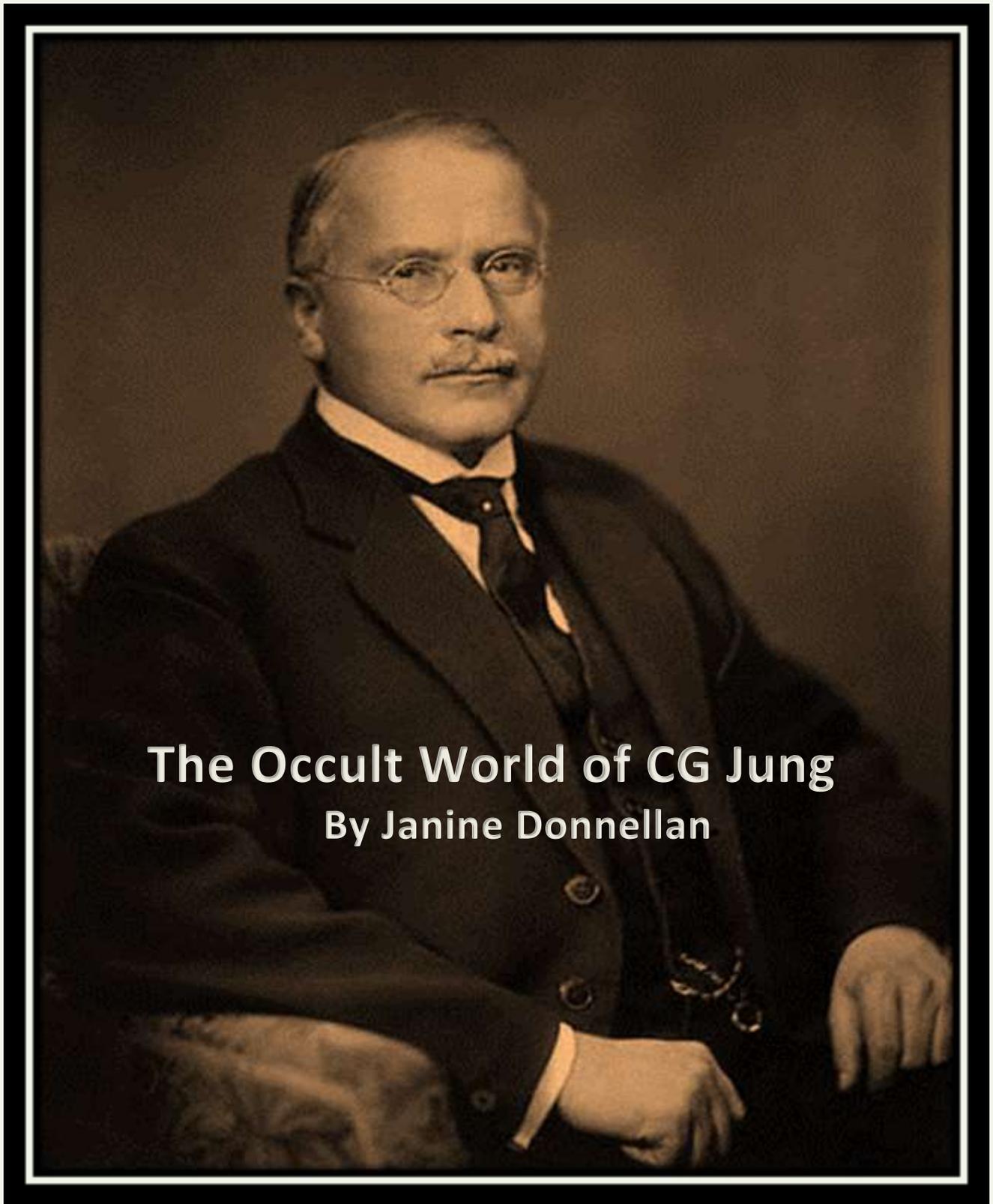
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## The Occult World of CG Jung

By Janine Donnellan

*Your vision will become clear only when you look into your heart.....Who looks outside, dreams. Who looks inside awakens.'*

I have always admired Carl Jung as a great psychologist and as an occultist. His life and work has held a great fascination to me.

Throughout the years of his long-standing professional career, Jung repeatedly showed great personal courage in his investigation of matters

that no one else in the "respectable" psychiatric academia circles of his day would touch.

Jung considered himself, first and foremost, a doctor and healer of the psyche, so when Jung believed it necessary to explore a certain tabooed avenue in order to gain a better understanding of the psyche, then he just "went for it."

Carl Gustav Jung (1875-1961) was a famous and influential Swiss psychologist and psychiatrist, and founder of Analytical Psychology. His approach to human psychology emphasized understanding the psyche through exploring the world of dreams, art, the occult, mythology, world religion and philosophy. At the time of his death Jung left a huge body of work on such topics as spiritualism, extra-sensory perception, witchcraft, dreams, mandalas, coincidences, astrology, divination, yoga, flying saucers and even Zen Buddhism and the I Ching.

It is interesting to note that as a young boy, Jung found himself drawn to the occult. Unfortunately this interest became the basis of his traumatic break with Sigmund Freud which had a great effect on his life. Unlike Freud, Jung was interested in aspects of the unconscious that could not be attributed to an individual's personal development but derived from the deeper non-personal realms common to humankind – the collective unconscious, whose contents he called "archetypes".



Jung's interest with the occult was fostered as a young child by his maternal grandfather, Rev.

Samuel Preiswerk, who believed in the paranormal, and had kept a chair in his study for the ghost of his deceased first wife, who was said often came to visit him. Jung's mother Emilie was also an influence on his studies into the paranormal. Emilie was initially employed by her father to prevent the various spirits from disturbing him while he was preparing his sermons.

Emilie was a trance medium, a skill she developed herself in her late teens. Emilie continued to enter trance states throughout her life. The young Jung would often hear her speaking in a different voice which gave the impression she had a 'split personality'. Jung would later on experience his own 'split personality' experience at the age of 12. Jung referred to this personality as the 'Other,' which he believed was a person from the 18th century, who wore a white wig and buckled shoes, drove an impressive carriage, and held Jung in contempt. Jung believed that he had been this character in a past life.

When Jung was 21, his father died and soon after his father appeared in two dreams which changed his views on the possibility of life after death. During his life Jung experienced other dreams which he believed were premonitions, one of his mother's death and later on his sister Gertrude's death.

In 1900, the 25-year-old Jung joined the prestigious Burghölzli Mental Clinic in Zürich where he developed his theory of 'complexes', and initiated a successful 'patient-friendly' approach to working with psychotics and schizophrenics. It was at this juncture of his life that he developed a relationship with Sigmund Freud. Although Jung was a loyal supporter of Freud's work there were, times of dissension. One concerned Freud's attitude toward parapsychology. The story goes that Freud was sceptical and dismissed the subject as nonsense. Jung disagreed, he began to feel his diaphragm glow, as if it was becoming red-hot. A loud bang came from a bookcase. Both jumped up, and Jung said to Freud: "There, that is an example of a so-called catalytic exteriorisation phenomenon!", Jung's long-winded circumlocution for a poltergeist, or "noisy spirit". When Freud said "Bosh!", Jung predicted that another bang would

immediately happen. It did. Jung said that, from that moment on, Freud grew mistrustful of him. From Freud's letter to Jung about the incident, one gets the feeling that he felt Jung himself was responsible for it.

In actuality Jung did seem to have numerous paranormal abilities. In one episode while in bed in a hotel room after giving a lecture, he experienced the suicide of a patient. The patient had relapsed into depression, and shot himself in the head. Jung awoke in his hotel, feeling an odd pain in his forehead. He later discovered that his patient had shot himself precisely where Jung felt the pain, at the same time Jung woke up.

In 1920 Carl Jung also had a close and personal encounter with a ghost which was reported in Fanny Moser's book *Spuk* (1950). Jung was spending a weekend at an English country house a friend had rented which had a history of being haunted. The climax of the haunting occurred when the head of a woman materialized on the pillow of Jung's bed close to his head. The ghostly head had one eye open, and it stared at the astonished psychoanalyst. Jung managed to light a candle, and the frightening spectre disappeared. He later learned from the villagers that all previous tenants of the country house had terminated their occupancy in short order after a night or two in the haunted house.

In a hospital in Switzerland in 1944, Jung had a heart attack and a near-death experience. His vivid encounter led Jung to conclude that his experience came from something real and eternal. In this experience Jung saw the Earth from a point of about a thousand miles above it. His accurate view of the Earth from outer space was described in detail two decades before astronauts in space first described it. Subsequently, as he reflected on life after death, Jung recalled the meditating Hindu from his near-death experience and read it as a parable of the archetypal Higher Self, the God-image within. Carl Jung, who founded analytical psychology, centred on the archetypes of the collective unconscious.

Unfortunately Jung's theories have received limited acceptance within mainstream psychology due to its complexity and inherent mysticism,

Unlike Freud and many other early theorists, Jung believed that life did not merely end in death: it came to a point of completion, before crossing over into another experience of expression and development via the death and release of the physical body. Carl Jung himself completed his life on 6 June 1961 after a number of dreams portending a transition to a tower bathed in light on the "other side of the lake."

### Recommended Reading

Psychology and the Occult CG Jung. Includes Jung's Foreword to *Phénomènes Occultes* (1939), "On the Psychology and Pathology of So-called Occult Phenomena," "The Psychological Foundations of Belief in Spirits," "The Soul and Death," "Psychology and Spiritualism," "On Spooks: Heresy or Truth?" and Foreword to Jaffé: *Apparitions and Precognition*.

Synchronicity CG Jung. A parapsychological study of the meaningful coincidence of events, extrasensory perception, and similar phenomena. *The Archetypes and The Collective Unconscious* CG Jung, Gerhard Adler, R. F.C. Hull. Essays which state the fundamentals of Jung's psychological system: "On the Psychology of the Unconscious" and "The Relations Between the Ego and the Unconscious," with their original versions in an appendix.

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# Dragon Attunement Workshop

## 21<sup>st</sup> February 2016

The Dragon is a celestial being that can take on a multitude of forms and energies and inhabits many dimensions throughout the cosmos. The Dragon epitomizes the Hermetic principle, "That which is below is like that which is above and that which is above is like that which is below". The Dragon represents the unknown and the hidden energy in man, in nature and the cosmos.

The wisdom of the dragon is symbolized by the treasure it guards, to find this wisdom and knowledge one must search his/her inner aspects and in the unknown. The dragon also represents the Kundalini, the force that is hidden inside man, which for most part lies dormant waiting to be activated. The Dragon path strives to make this unconscious force and knowledge conscious. The symbol of the dragon and the myths about it carries information about how the unconscious can become conscious and how one can evolve. You are now on the threshold of a great journey, let go of your restrictions and let the dragons guide the way.

The Dragon Attunement is a process of attuning to a particular element of the dragon and can be compared to attuning yourself to a particular frequency like you would do if you are trying to find a particular channel on a radio station.

Where: Engadine TBA

When: Sunday 21<sup>st</sup> February 2016

Time: 10am – 3pm

Cost: \$70

Please bring lunch to share. Tea, coffee & orange juice will be provided.

**BOOKINGS ARE ESSENTIAL ~ Please contact Janine on 0408 025 268 to make your booking. A non-refundable deposit of \$50.00 is required for all bookings and can be paid through PayPal [here](#). The final payment can be made at the workshop.**

If preferred, full payment can be made up front via a PayPal invoice which Janine will send when you contact her to arrange your booking?



## The True Meaning of Christmas By Judith Page

Ask a child about Christmas and they'll probably say:

'Santa comes on his reindeer and lands on the roof and climbs down the chimney and fills your stockings for you. He has a red nose and a long white beard, and a jolly face, a red nightcap with red pom poms on it, and a red suit with white fur trimming. If you're naughty you don't get anything but if you're good you get a full stocking.'

From your distant past a voice says:

'Stretch out your hand, stretch out your hand. Don't you have a greeting to pass today of all days? An ending and beginning day; of death

and new birth. I wish you a merry solstice – solstice greetings.' The voice now has form.

'You have forgotten me haven't you? And your children tell small tales of me and you laugh behind their backs. But I tell you, you're children are wiser than you.'

The form is very close to you.

'You still don't remember me do you? Think back – think back... Think back when the long darkness brought hunger to your fireside and a dark stranger came to live with you – the dull pain of famine. Think back – think back to the times of the pounding heart the ache of the chase the madness of the kill, blood hot on the snow – the red and the white. Red and white.'

When the dulling eye and the ebb of breath meant an ease of hunger – for a while...

'Do you remember me now? Your children draw pictures of me an old man in a red suit with a white beard squeezing down the chimney with all they want most in the world lord of the reindeer keeper of the game. Mankind, I am the Shaman – the priest. When your heart beats fast in the dead of night I am there, when you whistle or sing in the face of danger I call the tune I am your ancestor and your child I am your guest tonight and you will be mine.

'Here is my invitation to your house a green tree from the northern forests. See, some things you still remember - an evergreen tree hung with lights and mirrors sparkling gold like the glimmer of solstice fire through the forest branches - red and white, blood on the snow, and today, the day of endings and beginnings and rebirth, the birth of the sun – the Solstice – come with me, back to the very beginnings, stretch out your hand stretch out over a thousand generations – come and understand once more.

**'The holly and the ivy, when they  
were both full grow,  
Of all the trees in the merry wood,  
The holly bears a crown.  
The rising of the sun, the running of  
the deer ....'**

The running of the deer, the rising of the sun, a song in praise of the woods and the forests, the beasts and the seasons, and then one day the Christ people came turning their backs on what is, and demanding what should be as if 'they' were lords of it all. They took that song and made it theirs as they took my solstice festival as their own – the sun, the birth of a sun as it always was for as long as mankind has gaped at the sky and questioned the light and the darkness – birth of a ... son, birth of a boy child. Their festival is a trick of words a fashion of the last few seconds of the history of man.

But while they tried to drive me back into the shadows before their newborn godling, the Christ people still feared me for the Shaman was their ancestor too, the blood on the snow, so... they tried to tame me, contain me, teach me, turn me into a tale for little children, a bringer of gifts, a driver of reindeer, an old man from the north with a white beard and a little magick – but their children were wiser than they – in their turn they remember the solstice fire, the all-day spring, brightness and light everlasting and song of righteousness come and enlighten me who sitteth in darkness in the shadow of death - lighten the load and cast out the darkness of the spirit – do you remember now? Are the old memories dying? Pass with me to the edge of the forest – back to the very beginning when the thick ice drew back and the bare earth swelled and the hunter strode over it - smell the chill on the wind – black winter is here too, the white bridge is ahead, Agaric – the Shamans mushroom - the crossing to the spirit world – eat, soon you will see the magicians reindeer fly again skimming the snow, speckled deer riding the northern winds pulling a sleigh with an old man in a red coat bringing gifts – I tell you, your children are wiser than you.

The dark forest presses on each side the ice casts an iron band around your chest and snatches your breathe, but there ahead is fire, solstice fire. Now do you see how you are favoured, mid-winter blesses you with a festival of overeating – but look beyond there to the shadow of the fires, do you see the old people, mere ghosts waiting for the cold to take them – this is the real mid-winter, a time of hunger and the old send themselves to die to lighten the load on the rest.

In the summer, fattening time, the reindeer moved in herds on the plain, and we hunters followed, killing for our people, food in our bellies, that was a fine time – sun-hot grasslands, and the grouse, so plump and slow they could hardly rise away from our arrows – but winter's never far away, it soon blew down from the mountaintops bringing the night spirits to live with us – if you listen carefully, you'll hear the long dead howling in the forest.

'One legged seamstress, has needle but can't sew and wears the same green gown each day, and a white overcoat in winter – kindle the fire, heat to heat, light to light give back fire to

the sun in mid-winter – bring new fire to each home, a burning log from the forest – fire to ease the birth pangs of the sun. The stones of the earth remember a time when the sun did not return to them from the darkness then ravenous ice engulfed the land bringing nothing but stark, white silence – the very mountains were split and milled to sand, what chance had the hunters? For this reason they make a gift of flame to the sun in mid-winter so that it will return to them – red flame and white ash – red and white, solstice fire.'

**A red deer comes over the hill,  
Shoot your arrows as you will,  
The deer will stand there still,  
The sun rises as a deer on the hill.'**

'Let the shaman draw on a rock with white chalk and red ochre and let the likeness – live! The raven, the reindeer, the bear and the leaping salmon, let all those we have killed to bring their gifts. Hail to the reindeer, I'm in your debt, you've given your brown autumn hide to wrap me, my buckskin shoes, my summer tent and sleeping bag, my skin boat that slips across the lake – your sinews are my thread, your bones are my needles my family eat your tongue, your bone marrow, your unborn fawns. From the birth of this new sun to its death next winter give me all these again – follow the paths I know from fawn birth to rut – cross the river where an arrow with my mark on it will bring you down in the red water. My gift to give you in turn is never to kill you without need, and then, only to take flesh bone and hide to leave your spirit free on the plane.

Come to the fire, only the shaman's magick will make it so, that is his task to climb down through the smoke hole with a wooden reindeer painted in ochre and so make toys of its wild brothers. And you, black soul of raven, you who share our killing, you are our kin you eat our meat and watch over our camps. Bran the trickster, your feathers hang from our flagsticks driving the deer into our traps, deceiving them and making them afraid of feathers when arrows lie ahead. Black brother raven do not deceive us like that, you know the sun must be born again tonight, without its light

you will not find food, without its light your feathers will not dry and you will die of cold.

Brother bear, welcome, shadow of death in the forest, your claws split open the hunter from head to belly, and yet, your flesh dries on a string in the summer heat outside the hut of the fortunate hunter – all this the shaman will promise, as priest, keeper of the game – magician and mid-wife to the sun. Don't forget me, we are one you and I, hunter and hunted. My gifts to you are the meek swifter than thought and the strength to run the whole day without slackening. Though the heart is run out of your prey I wish you the comfort of the pack about you and the wisdom which knows caution but not fear.

Come to the fire, night brother, but not too near – brothers of the natural world and you others, silent watchers from the shadow world long dead and unborn, it is the light of longest darkness the time of greatest danger the solstice fire burns as a sign to the sun that it must return or we shall be left to the ice of eternal blackness – none here, O sun have forgotten our debt to your warmth of light – hark! Someone here has failed the trust, there is a law breaker here that has forgotten the custom .... Listen to these words:

'The holly and the ivy, when they were both full grown, of all the trees in the merry wood, the holly bears a crown...Merry Christmas to everyone, season greetings to everyone here... a white Christmas....

There will come a day when the world will turn on its head and these ancient things will be forgotten.... How can anyone that lives under the sun forget the solstice and the old laws are you going to tell them how to live off the earth and not in it, how to become its master?

I tell you, where they have passed, the grass has scorched away and the trees die as if withered by a brush fire, except that no green shoots follow, they destroy faster than they can grow the cycles of seed and harvests are no longer something to live by but something to be altered – the animals are no longer brothers - but slaves! How could they have forgotten?

Knowledge has made them stupid – seeing too much has made them blind. One thing they are sure of is that anything simple is a tale for little children. So the children are the keepers of the

truth, and your children are wiser than you. Perhaps they can tell you why every year you set up an evergreen tree from the forest like there is about you now, you think that it is to please them that you hang shining sun images upon it, or is it that because in the beginnings of time your forefathers hung dead sacrifices on the living timber as gifts to the reborn sun, and still you utter the words 'Yule log' remembering the burning branch from the forest which brought the solstice fire to the hearth, if you forget the very roots of belief, if you forget the earth and its laws, you are lost – time is short, the solstice is almost upon us your old world is calling you back, and you ask:

'Shaman, will the sun be reborn?'

'This time... this time. But if the trees are killed and the seas are poisoned ... who knows? When clouds can bring death and not light... who knows?'

'Shaman you must help. You are the bringer of gifts, the magician.'

'What will you have, remember, I cannot guarantee the future, one day a time may come when you wait for a dawn which fails to happen and you too will grope and shiver in the dark as your ancestors once did. What I can give you is your own heritage which you have forgotten – feel the load on your back, it is the weight of banished worlds – a gift and a burden from a thousand generations past, you cannot lay it down until the last breath eases in your shoulders and it passes to your children – you cannot refuse this gift – thoughts once formed cannot be un-thought – experience cannot be unlearnt. But I promise you the Shaman will always be by your side to help you carry it. His magick is in your dreams – inescapable.

Go now back to your own world, but never again will you forget me – I am the Shaman, the priest, a keeper of the game – who some choose to call - Father Christmas.

Whenever you see an old man wearing a white beard and a red suit and riding in a sleigh

pulled by reindeer the chains which bind you to your past will tighten, and you will feel again the pounding heart, the ache of the chase the smell of blood warm on the snow, red and white, blood on the snow, come to me and you shall see the rebirth of the sun the glorious solstice, I am the shaman, remember whom some call.... Father Christmas...come, come to me.....

### About Judith Page



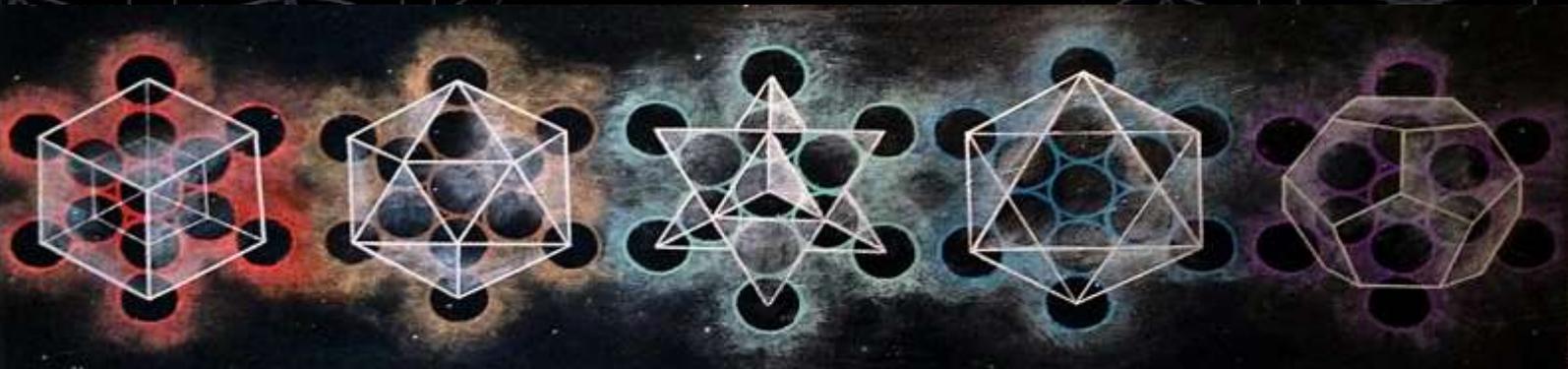
©Joe Page

Judith Page was born in Australia. She graduated from Chelsea School of Art in London. She is a respected painter specializing in representations of Egyptian Pantheon groups with a strong emphasis on astronomy. Her work has featured on the covers of numerous magazines and books. She is a great storyteller and poet, and brings mystery and magic alive.

#### Other books by Judith Page

Song of Set  
Song of Bast  
Song of Meri-Khem  
Song of the Ibaru  
Theft of the 7 Ankhs  
Pathworking with the Egyptian Gods  
Invocations to the Egyptian Gods  
Angelic Magic  
Realm of Angels

# SACRED GEOMETRY & SPACE



## Platonic Solids

by Lisa Winter

Platonic Solids are shapes which form part of Sacred Geometry. They were first catalogued by the ancient philosopher, Plato (hence their name), although evidence of these most magical of shapes has been found around the world for in excess of 1,000 years prior to Plato's documentation. Working with them individually is said to help with our connection to nature and the higher realms of the cosmos; to find the common pattern which links us all at a molecular as well as at a spiritual level.

There are traditionally 5 platonic solids and they are the Cube, Icosahedron, Tetrahedron, Octahedron and the Dodecahedron. In this article I have also included the Merkaba and the Sphere which also have a significant connection with the platonic solids as they are comprised of the original 5 shapes.

Further explanation about the meaning of these mystical geometric forms are as follows:



**Cube or Hexahedron**

The cube is also known as the hexahedron and is a six sided figure with square faces. The cube is associated with the element of earth and the base Chakra. The cube represents the connections with the foundations of the earth to the foundations of the heavens. This is a symbol that reminds us that things are spatially

equal in their parts (metaphorically and symbolically as well as physically). It therefore sets the standard of inserting Spirit into form in perfect equilibrium.

willpower and self-respect. By connecting to the energy of the Tetrahedron we are able to ignite the force within that enables us to truly stand up for ourselves and what we believe in.



**Icosahedron**

The Platonic Solid Icosahedron structure represents movement, flow and change. It has 20 sides all of which are equilateral triangles. This shape can be found all throughout nature in various forms. The Icosahedron is said to be connected with the element of water and Sacral Chakra and offers help in balancing the emotions. Working with the Icosahedron can also help facilitate regenerating and healing energy into physical reality.



**Star Tetrahedron**

The Merkaba or Star Tetrahedron is comprised of two interlocking tetrahedron shapes -one pointing up to the heavens, channelling energy down from the Universe to the earth plain, and one pointing downwards, drawing energy up from the earth beneath. The Merkaba is powered by love and corresponds to the heart chakra which is the centre of our being. The Star Tetrahedron contains all manner of possibilities as well as for healing and even to transcend into other dimensions of existence.



**Tetrahedron**

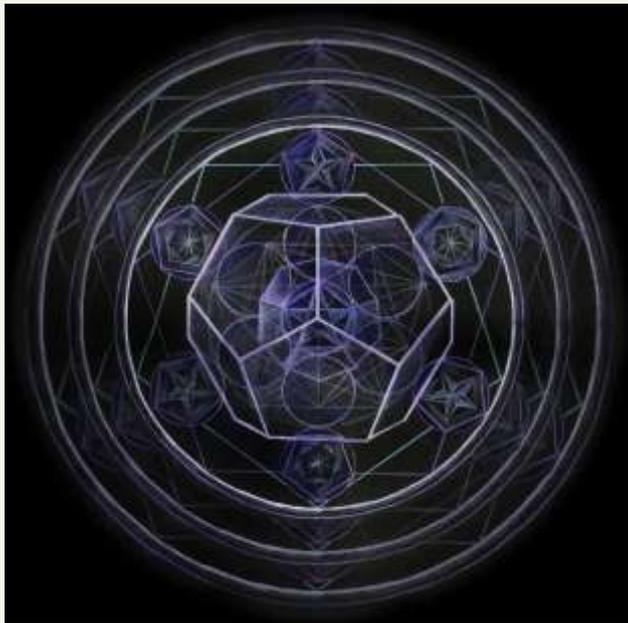
The Tetrahedron is a four sided pyramid, each of its sides being an equilateral triangle. This platonic solid is connected to the element of fire, the solar plexus chakra and is associated with creativity, motivation, inspiration,



**Octahedron**

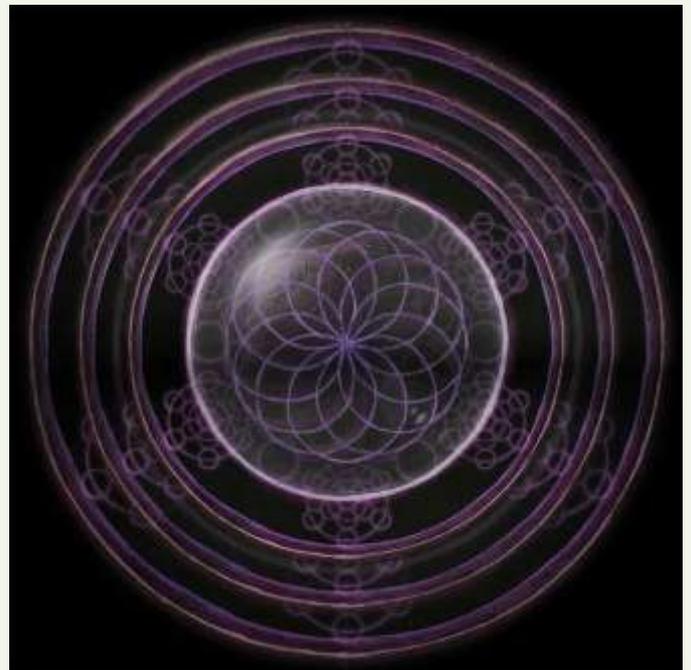
An Octahedron is a Platonic solid composed of eight equilateral triangles, four of which meet

at each vertex. This shape is associated with the element of air and throat chakra which is our centre of expression through vibration and sound. Our heart's truth is found in the Octahedron as it aids communication of self-love and compassion. The Octahedron reminds us that we all have the wisdom to know when to express our truth or when to be silent.



### **Dodecahedron**

The Dodecahedron has 12 faces and 20 vertices, each face being a pentagon. The Dodecahedron is associated with spirit and consciousness and is attributed to the 3rd Eye Chakra which shows the truth beyond illusion by helping us see the divine connection with all things. Some have believed that the Dodecahedron represents an idealised form of Divine thought, will, or idea. To contemplate this symbol was to engage in meditation upon the Divine.



### **Sphere**

A sphere is a perfectly round geometrical object in three-dimensional space that is the surface of a completely round ball. This shape is associated with the crown chakra which is elementally linked to cosmic energy and opens the connection to the infinite source of creation. By understanding the sphere we are able to release limitations and through conscious focus we create union with higher power.

Through understanding the mysteries surrounding these ancient and universal shapes we can gain cosmic knowledge of our infinite connectedness to the universe and beyond....

All the artwork in this article was created by Lisa Winter. To see more of her work visit her website at <http://lisajwinter.com/>

and visit her online store at

<https://www.facebook.com/sacredgroundandspice.com.au/>



**Paracon Australia 2016 will be held at The Carrington Hotel Katoomba on May 26th - 29th.**

**Join us in the iconic and legend packed Blue Mountains for two days of lectures, presentations, screenings, investigations and more...**

**Dates and events to note**

**Thursday the 26th in the evening: The Speakers Dinner at The Carrington Hotel**

**Friday the 27th in the day: Paracon Australia Workshops**

**Friday the 27th in the evening: Paracon Australia Opening Night Party**

**Saturday and Sunday 28th and 29th: Paracon Australia.**

**After Dark Events on Saturday the 28th in the evening.**

**Tickets can be purchased [here!](#)**

# Integrity

is choosing your thoughts and actions based on values rather than personal gain.

## The Role of the Healer ~ A Path of Integrity by Janine Donnellan

When you take on the role of a healer you are obligated to **model the behaviour you are promoting**, in other words you need to 'walk the talk'. As a healer myself I believe that you should treat all clients and other healers with compassion, respect and tolerance. Of course there will always be people that you come in contact with that will be particularly frustrating or disruptive, but if you can't treat them with compassion, respect and tolerance then perhaps you should reevaluate your motives for being a healer.

**The healer is essentially walking a spiritual path, a path of integrity** and that should show through to whoever you connect with on your journey. You don't stop being a healer when you finish a client session; it follows you wherever you go. If you become arrogant, discriminatory or dismissive of people it will reflect on you as a healer and as a spiritual being.

**We are all here on this earth to learn and to grow and if you have been given a gift of healing then honour this gift in a way that it was intended.**

Open your heart and see the positive side of others. Perhaps if you find yourself in a position where someone is causing a negative effect on your emotions then you should look within to see why it is causing that response. Ask yourself are you honest with self and all who come into contact with you and can you honour the spirit within each person regardless of how they feel about you?

So as a healer what is your integrity? Integrity starts with self and the following old adage applies to every component of your life which is **'Healer heal yourself'**.

**So integrity is first working on yourself defining what integrity to you is and then**

**adhering to your own principles and values.** Integrity is establishing your own boundaries and enforcing them. Integrity is refusing to allow individuals, organizations and the lure of success to divert you from living your own spiritual truth. **Integrity is about taking personal responsibility for yourself and your actions.**

**If you walk the Path of a Healer, then be conscious of your everyday connection with all that you meet,** for it is then you will gain a real connection with the truth. This connection is more powerful than any false illusions created by your own sense of self importance.



## Tarot Readings

Janine Donnellan has appeared as a tarot reader on Psychic TV and has also been featured in the Daily Telegraph, Mania Magazine, the Sun and the St George & Sutherland Shire Leader.

**Tarot Reading with Janine**

**Location: Carousel Counselling, 13A Eton Street, Sutherland NSW 2232 (see map)**

**Duration: 60 minutes**

**Cost: \$110.00**

**BOOKINGS ARE ESSENTIAL ~ Please contact Janine on 0408 025 268 to make your booking.**



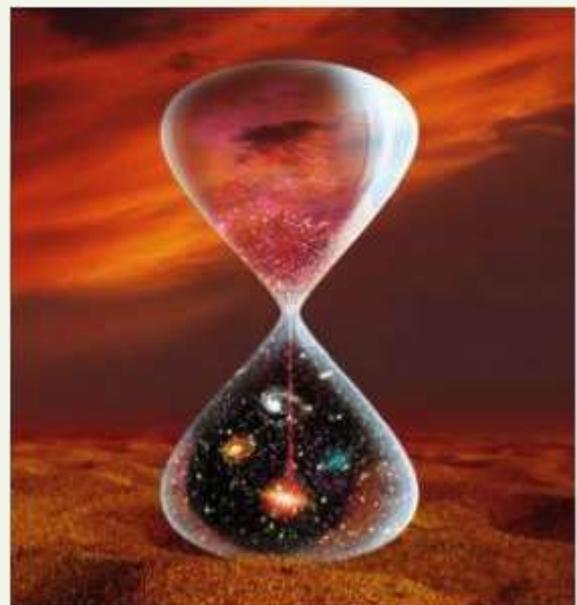
# 5D ASTROLOGY REPORT 2016: DANCING TO THE MUSIC OF TIME

By Lorna Bevan

*“We’re in a free-fall into future. We don’t know where we’re going. Things are changing so fast, and always when you’re going through a long tunnel, anxiety comes along. And all you have to do to transform your hell into a paradise is to turn your fall into a voluntary act. It’s a very interesting shift of perspective and that’s all it is... joyful participation in the sorrows and everything changes.” ~Joseph Campbell*

In 2016, be prepared for nearly all your old assumptions about living only in linear digital time, by the calendar and the clock, to be shown to be as archaic as those ancient beliefs of the Sun revolving round the Earth. The shift in frequencies from cardinal to mutable will remind you that there is a timing for all things and that attempting to impose your own timetable upon that of an ever expanding universe will simply meet with resistance until you get back with the program and connected with the flow.

As Saturn in Sagittarius squares Neptune in Pisces and the Node of Fate in Virgo, **Chronos encounters Chairos**. Clock time encounters time out of time. Confusing? Definitely. Disorienting? Certainly.



Hourglass

## Back to the Future

In 2016 the Great Attractor, Saturn, Neptune, the maverick Centaurs and the eclipses have the potential to create some of the most polarising experiences of your life. Will you choose **Definition or Dissolution?** A flight into spiritual inflation or material concretism? If you tend to want to live in an idealised world, escaping mundane reality through seeking only the highs, Saturn will bring reality checks until you walk your talk in mundane daily life. Spiritual passion can become punishing when it arises from the hollowness of your psyche rather than the fullness of your Soul. At the other pole, if you cling to a need for certainty and control, for routines and predictability, Neptune will disorient you so you familiarise yourself with confusion, doubt and a willingness to trust whatever happens. The way through the labyrinth is to master the art of living **In Time and Through Time** at the same time, to find the common ground between the extremes of form and formlessness and how each polarity connects you with your divine nature that transcends both. Seeing round the bend, becoming exquisitely responsive to the multiple options that shape your future whilst being in the Now.

## Through Time Astrology

**Key Words: reality structure detail building planning linear thinking**

- Saturn, Lord of Time and Karma and Centaur Pholus in Sagittarius-the buck stops here
- Jupiter and the North Node in Virgo-sweat the small stuff

## In Time Astrology

**Key Words: unity oneness infinity leaps of intuition parallel processing**

- Centaur Nessus, Neptune, Centaur Chiron and Borasisi in far seeing Pisces
- The retrogrades of Mercury, Jupiter and Mars from January to June 2016 - slowing time into a Moebius strip of a repeating loop

- The Nodes of Fate eclipsing the Pisces /Virgo axis-the karmic intersection of the material and the soul plane

Now, factor in that the Lord of Time and Karma, Chiron and the eclipses of March 9 and September 16 will be aligning with the **Great Attractor** in mid Sagittarius and you start to get a sense of the immensity of the shift. Neither black hole nor quasar, the Great Attractor is a huge mysterious gravitational force "slowly sipping upon a liquid flow of galaxies, drawing them into its huge gravitational grip at an astonishing 600 km/sec." Philip Sedgwick. The Great Attractor bends both space and time, giving a simultaneous view of the past, present and future. It appears to be receding from us and approaching us at the same time, and heading in both directions at an almost impossibly fast pace.

## The Chandra Symbol for the Great Attractor is revealing: SAGITTARIUS 15

### A tidal wave approaching.

The momentum of collective events runs toward floodtide when there is a major transition from one whole cycle to another. The personal life stream runs in similar patterns. When you're getting ready to take off in a whole different direction, there is first a transition that is both immensely exciting and fantastically disturbing. You feel just about swept away by the oncoming changes and just before they really get going, the tension, the pressure, and the strain can tear you apart. You want to go with it, yet you yearn for sanctuary. This keen ambivalence gets loaded with desire, anticipation, memory pictures, and utopian visions. The mix is volatile. Learning how to ride this wave is such a great endeavour that it, in itself, becomes what it is all about. The consummate opportunity to open wide, but stay substantively firm and concentrated. Mastery or bust. The infinite future or wipe-out. A spine-tingler all the way.

### Recoding your Time-Line

**With the eclipses across Virgo/Pisces throughout 2016 until 28 April 2017 your**

mission is to learn how to build an overarching soul bridge between them.

• **Practice discriminating awareness, or discriminating (Virgo) wisdom (Pisces), as the Tibetans would call it. This is when the critical mind works as the servant (Virgo) of the compassionate heart (Pisces). Criticism can be compassionate and constructive, without losing any of its impact.**

- Develop **the art of helicopter vision** – seeing the forest and the trees, able to be on your Witness perch yet able to drop into the details.
- **Be like the lotus**, floating on the water yet rooted in the mud.
- **Go with the flow.** This isn't about being passive or lazy. It's not about just letting things happen to you. It's not aimless wandering. It's a co-creative act. Going with the flow is responding to cues from the universe. **When you go with the flow, you're surfing the Life force.** It's about wakeful trust and total collaboration with what's showing up for you.
- **Stop chasing goals.** Burn your detailed five year plan. And you can

certainly worry less about the right move/wrong move. You're not nuts, or submissive or lazy if you go free form. Stop planning and just do. Stop looking at the future, and live in the moment. Stop trying to control others and focus instead on being kind to them.

- Learn that **trusting your values** is more important to taking action than desiring and striving for certain outcomes.
- **Take each step lightly**, with balance, in the moment, guided by those values and what you're passionate about, rather than trying to plan the next 1,000 steps and where you'll end up.
- **Learn to accept the world as it is**, rather than being annoyed with it, stressed by it, mad at it, despaired by it, or trying to change it into what you want it to be.
- **Become a Free form Artist.** Or a Flow Ninja. With keen senses, skilled daring, and the heart of a warrior. You're daring to catch a wave of truth, again, and again, and again. Go with it.





**The Vintage Village in Fairfield City Museum & Gallery is proving to be one of the most haunted locations in Sydney. Some of the paranormal activity known to be happening are Voices being heard, doors opening and closing, footsteps being heard, people being touched, and even sightings of full blown apparitions.**

**The Fairfield City Museum & Gallery at Smithfield has heritage properties on the location, as well as a heritage homestead which at one point was the first council chambers for Fairfield.**

**Come along on 30 January 2016 and investigate with the APPI team and their extensive cabinet full of the most current paranormal technical equipment. Our public ghost hunts are on a scale of their own.**

**Our Ghost Hunts consist of the following:**

**7:30pm: Arrival**

**7:30-8pm: Introduction & brief tour**

**8pm-10:30pm: Investigation**

**Get your tickets [Here!](#)**

# The Wisdom Of The Elder: Recipes For Infused Elderflower Honey, Elderflower Cordial, And Elder-Lemon Tea By Dana – Druids Garden



Elderflowers (flowers from the *Sambucus nigra* plant) are in bloom right around the Summer Solstice, and this is a perfect time to create delightful healing recipes. One of these recipes uses raw honey to gain the added benefits!

## Medicinal Benefits of Elderflower

Elder – both the berry and the flower– is a first-rate medicinal plant that is unmatched in its ability to bolster the immune system and fight off illness. I really enjoy having elderflower around in the winter months, especially when flu season comes around. The flowers of elder are a premiere summer solstice plant. Traditionally, elder has a very wide range of herbal uses–Grieve’s herbal details some of them. In more modern herbal practices, the flowers, specifically, are taken internally as an anti-inflammatory herb, especially for conditions in the respiratory system (like the flu, bronchitis, pleurisy and so on). It has a diaphoretic action that can be help to manage

fevers—and this is how I use it, most often. If you get the flu, you want elderflower nearby! Baths of the elder flower (you can make them from dried or fresh flowers) for itchy skin also work well.



**Dana gathers elder as the sun rises on the summer solstice!**

## Harvesting and Preparing Elderflowers

Elder are super-easy to spot when they are in bloom—look for low to medium-sized shrubs with bunches of beautiful white flowers. They usually are margin plants, meaning they like to grow on the edges and the margins—like on the edge of a forest. You may also find them out in the middle of a field or in part shade. I’ve never found any deep in the forest. Remember that, as tempting as it may be, don’t pick elder by the side of busy roadsides as these plants are likely contaminated with exhaust.

Once you find your elderflower, I suggest harvesting them with scissors or a knife. You can harvest them without either of these, but it does make it easier. A basket with a tight

weave, a bucket, or even a cloth bag works very well to place your harvested flowers inside. I suggest giving the flowers a very good shake before placing them in as the elder are home to a number of small bugs, bees, and other creatures that you don't want to take home with you. You want to harvest the flowers that are near full bloom or in full bloom. You also want to pay attention to the smell—different elders have different smells, and you want one that smells nice and aromatic (some of them can get a little stinky).



You'll be left with a pile of lovely elder flowers ready to make delicious and medicinal concoctions!



**Elder harvesting basket with very tight weave**

Once you have your elderflower safely at home, you can keep them in the fridge up to 24 hours without them going too limp, and since it does take time to harvest and process, I sometimes will harvest on one day and then process the following day.

When you are ready to process them, I suggest taking your elder outside, because the hardest part of processing elderflower is making sure none of the little bugs are still in the flowers! What I like to do (for either of these recipes) is to cut the stems off the flowers (only the flowers and berries are edible). I do this while I inspect the flowers for bugs, worms, or other critters, and gently shake or knock them off. You'll be surprised how many there are in your flowers.

Pay attention for elders that have a really big bud—there is likely some little bug living in there (so I cut those out and leave them in a shady spot). Make sure you remove most, if not all, of the stem.



**Ready to take inside!**

### **Elderflower Infused Honey**

One of the easiest ways of preserving fresh elderflowers is in raw, local honey. You get both the benefit of the honey as well as the elder flower—making this an AMAZING remedy. Infusing elderflower into honey couldn't be easier.



**Freshly harvested honey for infusing!**

Loosely pack fresh elderflowers into a mason jar and pour your honey over the flowers. Fresh honey works best for this—if your honey doesn't pour well, you can stick it in the sun for 30 min and that will warm it up (or stick it in a bowl of hot water). If your honey is crystallized, you can stick it in a double boiler for a time and it will liquefy (but don't get it too hot or you will kill the good enzymes present in raw honey).



**Pouring honey**

Once you've poured in the honey, take a knife or chopstick and gently stir the honey and elderflower together.



**Stirring and pouring**

Let it sit in a warm place for 1 week, then strain the elderflower out of the honey and enjoy. Keep an eye on the honey—honey keeps because it has a low water content. The elder shouldn't bring it above that level, but if it does, you'll want to keep it in the fridge to prevent spoiling. I've never had a problem with any of my infused honeys, however, especially from herbs, but there is always that possibility.

Now you can eat this honey just like any other honey but it has the added benefit and flavour of elderflower!

## Elderflower Cordial

Another amazing thing to do with elderflower is to make a cordial—this recipe is for a syrup that you can add to any fizzy thing, like soda water, seltzer water, or even champagne or vodka. You can drizzle it over ice cream or enjoy it on pancakes. It also goes nicely in a tea. And the best part is that every time you take it, you are boosting the immune system! The cordial recipe depends on if you want it to keep for a long period of time or if you are going to drink it right away. If you want to drink it quickly or freeze it, you can omit the citric acid and lemons in the recipe below. If you are going to can it (like I do) or just bottle it up and keep it in the fridge make sure you include the citric acid. If you bottle it in sterilized bottles or jars, it will keep for several months in there.

Here's my recipe (makes about 8 cups):

2 quarts of water (8 cups)

2 quarts sugar (3 lbs sugar; I use raw sugar for this—you could also use honey or maple syrup)

8 heaping cups elder flowers, stems removed (about 30-40 heads, depending on the size of the head)

2 tsp citric acid (necessary if you are canning, otherwise, you can omit)

3 lemons, sliced and zested, pith removed (lemons are also necessary if you are canning to increase acid content, but gives it a really nice flavour)

Start by preparing your elderflowers as above. You might even dip them in water to make sure all the critters are gone, but I prefer more humane methods.



**Flowers ready to go into cordial!**

Put your sugar and water in a large stockpot and heat it up till the sugar is dissolved. While

this is heating, prepare your lemons by zesting them and then cutting off the pith, and slicing the insides in small slices. Many recipes don't remove the pith, but I know from winemaking that the pith can cause wine to go bitter, so I also remove them for this recipe.



**Sugar dissolved into water (I'm using raw cane organic sugar, so it's a darker colour)**

Once the sugar water has cooled down so that you can stick your finger in it, stir in the elder flower, lemon zest, and lemon slices.



**Added lemons and zest**



**Mixed in elderflower!**

Put a lid on it and wait 24 hours.



**Infusing elderflower....**

Put a clean tea towel or fine cheesecloth in a strainer and strain the mixture. The mixture is now complete and can be enjoyed. You can pour it into sterile jars and it will keep in the fridge for 1-3 months (you'll know when it goes bad—it usually will grow mould on it!)



**Straining Elder Cordial**

At this stage, I will reheat the mixture to a slow boil, then ladle it into canning jars, and process it in a hot water bath for 10 minutes (for half-pint jars, 20 min for pints) to ensure that it will keep for several years. Not every year is a good year for elderflower, and so I will make extra in good years. I like to make this on the summer solstice and open it up at Samhain and the Winter Solstice to begin enjoying (and to begin bolstering my immune system for the upcoming flu season!)

### **Honeyed Elderflower and Lemon Tea**

You didn't think I'd let all those infused flowers go to waste after straining the honey or the cordial did you? Heck no! "Produce no waste" is a permaculture design principle that I abide by. From the honey infusion, when I strain it, I will keep the strained flowers with their bits of honey in the fridge and use them for tea within a week or two (since Grieve talks about elder

being a good blood purifier and tonic, I think it's great to take this tea semi-regularly anyways). Or, I will freeze it into an ice cube tray to use later.

The flowers and lemon from the cordial can likewise be dried for a tea (I do this in my dehydrator on the "herb" setting at 95 degrees, because elderflowers are very delicate and can turn brown quickly). When it's dry, I put it in a mason jar, which is good for the next year or so. Either tea will have its own sweetness already present and is delicious on its own, or mixed with other herbs. So save your flowers, brew them up, and enjoy!

## About The Druid - Dana



**Me with Chicken of the Woods  
Mushrooms (my favourite)!!**

I enjoy frolicking in forests, playing my flutes for the flowers, and listening to the voices of the trees. I spend copious amounts of time seeking edible and medicinal treats from the wild lands of Western Pennsylvania and wherever else I happen to visit. I am frequently

covered with dirt, paint, or both, and wouldn't have it any other way!

When people ask about me, they usually want to know about my druid stuff, art stuff, nature stuff, or something else. So here's a bit of a snapshot of me in my various roles:

**Druidry and Nature Spirituality:** I've been practicing druidry for almost ten years—Revival Druidry is my home and path. I am a Druid Adept and the Archdruid of Air in the Ancient Order of Druids in America (AODA) and a Druid-grade graduate of the Order of Bards, Ovates and Druids (OBOD). I am Chief Editor of the AODA's annual journal, Trilithon: The Journal of the Ancient Order of Druids in America (which is now moving into its 3rd year of publication). I am also a priestess in the Gnostic Celtic Church (affiliated with AODA) and studying the Celtic Golden Dawn system of magic. As you see, I enjoy learning and consider myself a lifelong student of nature spirituality. For a story of how I came to druidry, please see my post "The Mystery of the Stumps and the Spiral Path: How I came to Druidry."

**Permaculture Design, Herbalism, and Plants:** I am a Certified Permaculture Designer, having completed my PDC through Sowing Solutions at the Sirius Ecovillage in 2015. As part of the work of my AODA Druid Adept project, I spent three years intensively studying permaculture design principles and applying them to nature-based spiritual practice. Since finishing the project, my work has continued, and I'm loving every minute of it. I am a founding member of the Oakland County Permaculture Meet up, a large group in South-Eastern Michigan that has been going strong (with 500+ members) for the last three plus years. The meet up focuses on educating the community about sustainable practices using permaculture design principles. I also am a graduate of Jim McDonald's Four Season Herbal Intensive in and have been practicing herbalism for a number of years. I've also taken various college-level organic farming classes, apprenticed with local farmers, vended at our farmer's market, and spent the last five years homesteading on my 3 acre property. Along the way I've dabbled in natural building, sustainable crafting, foraging and mushroom

hunting, mushroom cultivation, and so much more!

**Artwork and Expression:** In addition to my druidic pursuits, I create many kinds of art (watercolours, jewellery, ceramics) and wild crafted functional crafts (handmade papers, inks). I also play the pan flute and enjoy sneaking off into the forest to play haunting melodies for unknowing passer-by! In 2009, I self-published a tarot deck, called the Tarot of Trees—you can learn more about it on the Tarot of Trees website. I don't share much of my art on this blog, but I do create it in honour of the trees and of the natural world as often as possible.

**Teaching and Learning:** By day I'm a university professor, where I teach classes in various forms of writing and in research methods. I study how people learn and how they take knowledge with them. I also have a keen interest in linguistics, so you'll see a bit of that on this blog. I also do freelance editorial work, primarily for projects of interest to me (herbalism, nature-spirituality, some fiction, etc.).





Effie Seguel



# In Light of Healing

Energy may not be visible, but it is as real as the air we breathe. Having that energy balanced within and around you is vital to your emotional, mental and physical wellbeing.

In Light of Healing was born to bring such balance, to give you the treatment and tools you need to live your life, amongst all the good and bad, while maintaining the most magnificent and optimum version of you.

## **EVIL EYE REMOVAL:**

Negative energy is a force that can affect us more than we realise, the Evil Eye is the belief that a person can bestow bad luck onto another through the very gaze of their eyes, the words that they speak or even the thoughts that they have. Such energy can leave the receiver feeling tired, sick or simply out of sorts. I clear these energies through an ancient Greek ritual that lifts the Evil Eye restoring positivity and equilibrium to the person affected.

## **CHANNELLED HEALINGS**

My channelled healings are a gentle non-invasive process that restores harmony and balance to your mind body and soul. Guided by Spirit my healings are tailored to the individual needs of my clients ensuring that they are attuned to their very own perfect vibration.

During my Healings and Evil Eye Removal I also receive messages and when guided I use cards as a tool for Divination.

**Blessed Be Effie**

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Facebook: [www.facebook.com/inlightofhealing](http://www.facebook.com/inlightofhealing)

Website: <http://www.inlightofhealing.com>



# Tarot Corner

## The Lovers



When the Lovers card appears in a reading, it is important to think about what decisions and choices you are facing. The fact that the Lovers is a Major Arcana card indicates that these decisions or choices are incredibly important and significant so it is essential that you choose the right path. There may be an easy option available but you will need to ask yourself whether this is the right path for you in the long run. Oftentimes, it is the more difficult path that will bring you the greatest benefit, particularly on a deeper level.

If you find yourself at a moral crossroads where you must choose between taking the moral high ground or the low ground, then you need to consider all consequences before acting. The Lovers card highlights that your own value system is being challenged, and you must make a definite choice based on that system. The choices are never really easy or obvious, either. Unlike the Fool's choice which has no wrong answer, the choice of the Lovers is very much right or wrong because one of those options will almost certainly take you down a

negative path. Thus, it is wise to seek higher guidance before making your final decision. You must be completely honest with yourself in the situation. Do not take things strictly on face value but deeply examine your motives, your feelings, your options and your personal values.

<http://www.biddytarot.com/tarot-card-meanings/major-arcana/lovers/>

# The Importance of Ritual



Ritual has been an integral part of human life in every civilization and the rituals performed throughout time all seem to share common elements and structure. Throughout our world there has existed an ancient and ongoing tradition of acknowledging sacredness which is often performed with the intent of connecting to some higher divine being in the hope of improving not only our condition in the universe, but sometimes the condition of the universe itself.

There lies within each of us an innate primal part that calls out to ritual, a genetic programming that is equivalent to our basic vital functions like eating and breathing. For eons human beings articulated this innate awareness through art, music, poetry, dance, symbolic objects, physical actions, and pithy words constructed into ritualistic enactments which represented our relation to that which is infinitely larger than ourselves.

In today's pagan community a ritual can be many things, it can be just lighting a special candle or simply saying a mantra or an affirmation to deity. However, creatively and actively inventing ritual can give you a unique sense of connection to those around you and also gives you a sense of how you as an individual fit into the inter connectedness of the cosmos.

Rituals are meant not only to celebrate significant moments, but to ease us through difficult times by preserving stability and to establish bonds that transcend time. Rituals

performed with family and friends bring us closer to one another and keep us grounded. Change feels like the only constant in these troubling times, but it is for this reason that rituals are vital to the spiritual well-being of the individual and the group.

The ritual prepares us to be spiritually, emotionally, mentally and physically in the moment and that makes the moment sacred. When a ritual is performed, we should all share in the process. We all have an obligation to share in the creativity and the intent of the ritual. We all have an obligation to flow with the energy and when that energy is flowing and connecting then magic happens.

The ritual being prepared should be a creative process in partnership with spirit. The concept of the ritual should never be based on competition or on who creates the most impressive ritual is the most enlightened. Ritual is not about the person nor is it just entertainment, nor is it about complexity; the simplest ritual can be as extremely powerful when everyone is united for its highest purpose.

True ritual acts in harmony with the rhythms of the universe, it gives a meaning to all that we do and to all with whom we come in contact, including all of nature. It requires being cognizant of the divine presence and the cosmic power and the interplay of all the forces in our lives.



## What is PAN Inc.?

The Pagan Awareness Network Incorporated (PAN Inc.) is a not-for-profit educational association with members Australia-wide. It is run by a management committee whose members are drawn from a broad cross-section of the Pagan community. The Association is incorporated in the state of New South Wales, with sub-committees in other states of Australia. It has no formal ties with any religious body, but works in a proactive fashion, both within the Pagan community and as a point of contact for the public, including government and media organisations.

PAN Inc. aims to continue as the Australian Pagan community's most effective networking and educational body.

## Our Mission

The Pagan Awareness Network Inc. (PAN Inc.) aims to:

Correct misinformation, raise awareness and educate the general public about Paganism and associated beliefs and practises in order to achieve religious tolerance

Foster the growth of the Pagan community through service

## Brief History

The Pagan Awareness Network began in January 1997 when the Witches League for Public Awareness (Salem Mass. USA) withdrew their regional controllers. David Garland was the Australian representative and with the support of the coven he worked with,

had already embarked upon the task of making the WLPA a registered organisation here in Australia when this happened. Rather than waste all the work that had already been done David decided to start a new group here in Australia and so came up with the Pagan Awareness Network (PAN).

## Join PAN

When you join PAN you are helping us to continue to provide help and services to the Pagan community. You will receive:

- a regular newsletter mailed to you.
- a membership card entitling you to discounts at selected PAN friendly businesses.
- discounts on selected PAN run events
- occasional giveaways and special deals.

Your membership goes towards helping us advocate for the Pagan community in the media and support events, groups and initiatives around the country.

## Applying to join

To join PAN, first obtain a membership application form from our site. Applicants must be 18 years or older unless they have prior approval of the committee. Then fill out the membership form and send it back to us with payment. If you have any questions about joining please email us via our contact form [here](#).



# Spheres Of Light

*We stand in our power. The spark within us is one with the eternal flame that guides and sustains us on our journey.*



## Full Moon Circles - Sydney & Nowra



Spheres Of Light holds regular Full Moon Circles in the Sutherland Shire area of Sydney (Australia) and in Nowra (NSW south coast) on the Friday before each Full Moon (see dates below). These Full Moon gatherings are Open Circles, meaning that all Pagans are welcome to come along any time and experience a Full Moon circle with us.

Starts Friday 5<sup>th</sup> February 2016

**TIME:** arrive at 7:45pm for an 8:00pm start

**WHAT TO BRING:** a plate of food and/or drink (non-alcoholic) to share at supper afterwards.

**WHAT TO WEAR:** neat casual attire - cloaks/robes/ritual clothes may also be worn if desired.

**COST PER CIRCLE:** \$15 per person to help cover venue rental and other ancillary costs.

If you would like to attend a circle please contact us for further details please send an email to [inquiries@spheresoflight.com.au](mailto:inquiries@spheresoflight.com.au) for Sylvania Circle or phone Janine on 0408025268.

Contact Nowra Circle at [nowra.circle@spheresoflight.com.au](mailto:nowra.circle@spheresoflight.com.au)

[Website: spheresoflight.com.au](http://spheresoflight.com.au)

# Mediumship & Psychic Development Circle Commencing 9<sup>th</sup> February 2016

**We all have natural psychic abilities. Learn to Awaken Your Psychic & Mediumship skills at the Medium & Psychic Development Circle. These classes present a dynamic, 'hands-on' opportunity to explore your psychic & mediumship abilities to strengthen your natural intuition in a fun environment. Tap into the power of your psychic intuitive abilities and make them work for you in all areas of your personal and business life!**

**These classes are facilitated by Janine Donnellan. Classes are conducted on a fortnightly basis (5 nights a term).**

**Location: Sylvania Cottage – Cnr Holt & Venetia St Sylvania**

**Dates: Fortnightly on Tuesday nights (9<sup>th</sup> February, 23<sup>rd</sup> February, 8th March, 22<sup>nd</sup> March, 5<sup>th</sup> April 2016)**

**Time: 7:00pm – 9:00pm.**

**Cost: \$180 per term**

**BOOKINGS ARE ESSENTIAL ~ Please contact Janine on 0408 025 268 to make your booking. A non-refundable deposit of \$50.00 is required for all bookings. You can pay [Here](#). The final payment can be made at the first workshop.**



## Axis Mundi Advertising Rates

Would you like to help sponsor our free online magazine and advertise your pagan-friendly business or your pagan website in Axis Mundi? If you do not have a suitable advertising banner we can make one for you, based on graphics from your own website or from photos and logos you email to us (jpg or png formats preferred).

### Attention Advertisers!!

Did you know that SOL Magazines has now received over 100,000 visits? If you advertise in the Axis Mundi Magazine your ad will also be advertised for free in Soul Searchers and vice versa! Our advertising costs are the lowest in our industry. If you write an article for our magazines then your advertising is free.

Contact Janine Donnellan (Editor) at: [axismundi@spheresoflight.com.au](mailto:axismundi@spheresoflight.com.au)  
For further information and payment details.

### Advertisement Sizes and Costs

“Business card”.....\$10 per issue or \$30 for 4 issues  
“Quarter page”.....\$20 per issue or \$70 for 4 issues  
“Half page”.....\$35 per issue or \$120 for 4 issues  
“Full page”.....\$50 per issue or \$150 for 4 issues

(Advertisement sizes are based on an A4 page)



# SOL Illumination

## Welcome to SOL Illumination

Offering Holistic Services and Personal Development Workshops:

- Reiki Healing
- Chakra Balancing
- Energetic Healing
- Shamanic Healing
- Tarot Reading
- Mediumship & Psychic Development
- Paranormal Investigations
- Parapsychology
- Space Clearing
- and much more...

Contact:

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