

AXIS MUNDI

Autumn 2016

ISSN 1839-4396





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Note from the Editor

Keeping A State Of Balance

Keeping a state of balance in my life is an optimistic idea that I am perpetually striving for. The reality however is that life often breaks out in chaos and the concept of a perfect life, it is simply unattainable.

In this crazy modern world we are all trying live a perfect existence. No matter how hard you try you cannot achieve a perfect balance for any sustained length of time so it's better to accept who you are and the circumstances you find yourself in with all your imperfections and try to go with the flow.

I don't believe anything happens by coincidence and the last lot of eclipses happening at the Autumn Equinox was definitely an exercise of illuminating areas within my life that weren't working. During these moments it is important to remember that the only constant in life is change; decisions are made and actions are generated.

Life can present us with a variety of tragedy, mediocrity and moments of tremendous joy. While the past cannot be altered, we can all grow and become a stronger person from each experience.

Blessings

Janine

"You must let what happens happen. Everything must be equal in your eyes, good and evil, beautiful and ugly, foolish and wise."
— Michael Ende, The Neverending Story

The Magick of Autumn & Water



We tend to take the seasons of the year very much for granted, viewing it calendrically rather than from an energy viewpoint. Yet if we moved more in harmony with this energy, we would move more in harmony with nature and the seasons of life.

In ancient times people were more aware of the energy of the seasons and used this energy in their own special way. Magic was the way of knowing, it followed the law of the land. It found comfort in finding the sacred in the profane, its popular language was myth and ritual, its foundation was the experience of nature its living communion. Its perception of spirits in streams, rocks and trees and its acceptance of Nature as the divinity manifest was an age-old awareness that has been lost in modern times.

Those that are 'aware' of the way of knowing derive their power from air, water, earth, fire & Spirit, the natural elements from which Divine created the universe. Every element has a consciousness that acts as a direct link with nature that we can utilise and make it a special part in our own unique magick.

At autumn we go more into our self, becoming more of the hermit, summer has ended, and nature is beginning to change its colour in subtle ways. Increasing darkness and cold is slowly making its presence felt and is impinging on nature and our activities.

Historically, it was the time of the harvests and the annual slaughter. Our urges to belong to a family, to society, to tradition and above all to community. The ancients held fire ceremonies at Lughnasah, Mabon and at Samhain to recognise that, while the sun's light is dying, the light within is reborn: this is a time of death of the old, and the hope of the rebirth of the new. It is a time of reflection and adjustment.

The Sun now begins to fall earlier each day and this sinking back towards darkness allows intuition and emotion once more to eclipse the intellectual mind.

Water is the element that represents autumn, water is also a symbol of our emotions. Water

imbibes all life forms and in us we flow with the "tide" of our feelings.

Water has power and can be used in spell work. Water magic can be used for increasing one's skills at divination and for dream work. It can wash away our problems, it can invigorate like a cold shower. Autumn and the element of water represents the cauldron or the chalice.



Scrying is an ancient form of divination that goes back thousands of years and involves the use of water to bring images or messages about the present or the future.

Ancients would spend hours gazing into a sacred pool of water, or large sacred urn filled with water, to receive messages from the gods. This generally involved time and focus, and the abilities of the initiate to focus within. This brought visions of gods and the future.



The Equinox of Maat: the Balance of the Year



By Oliver St John

The Equinox of Maat: the Balance of the Year
When the Sun enters Libra at the Equinox in the Northern Hemisphere or in the Moon sign of Libra in the Southern Hemisphere, the days and nights are equal in length. Soon the days will be shortening and the nights lengthening as we journey towards the winter solstice.

Crowley-Harris Thoth Tarot Atu Adjustment VIII



The Tarot trump for Libra is Adjustment VIII, depicting the Egyptian goddess Maat. A young woman is masked and bearing on her forehead the uraeus serpent. She is crowned with the ostrich plumes of Maat, and is perfectly poised upon her toes. In her hands is a magical sword, with the point downwards. She is The Daughter of the Lords of Truth, the Ruler of the Balance. She represents the absorption and transmutation of all experience in the flowing forth of continuous manifestation. She is the Lord of creation and destruction, and the balance of light and darkness. She is cosmic law, and the law of nature: truth, twofold, and the immutable law

of the universe. Her powers are the works of Justice and Equilibrium.

Black and White
Day and Night
North and South
East and West

Let us find Maat in all things!

There is a popular notion that any affliction suffered in this life must owe to some 'karmic debt' incurred in a previous life. Let us dispel this myth, for the rule of Maat is not in any way a moral or ethical law. The law of nature is exact; we must not confuse this with any notions of human justice based on morality – if we do then we confuse this idea of karma and make little tin gods of ourselves.

The Oracle of Maat

Behold! I am the Eye of my father, Ra. I am the one in whom the word is accomplished. I am the Bride of Tahuti and the Measure of the Universe. I am truth, and the feather is my symbol. To pass my door, you must justify every part of your soul, and you must visit the beautiful fields of the grasshoppers. You shall bathe in the pool where the Sailors of Ra in his sun-boat bathe. Purify yourself in my name, and come before me as Horus Triumphant. For I stand upon one side of Ra in the ark of the heavens and Tahuti stands upon the other. And unless you have found the secret that I have hidden in the earth, then you shall not pass my gates. But if you know all these things, and if you have found me that dwells in the heart of Ra, and if you are pure – then Tahuti shall call your name! And you shall be known in the palace of the starry ones, and shall live forever and forever.

Maat is the Goddess that presides over the weighing of the heart ceremony, and is the "Straight One", the principle of Perfect Truth and the Balance of the Universe. She is clothed in emerald green and wears the crown of double plumes. The feather is her symbol, and the Ankh of Life. Maat is the Eye of Ra, the Sun, and is the bride and consort of Thoth or Tahuti, the Egyptian Hermes-Mercury, the God of magick and of magick words and writing – the Word or Logos.

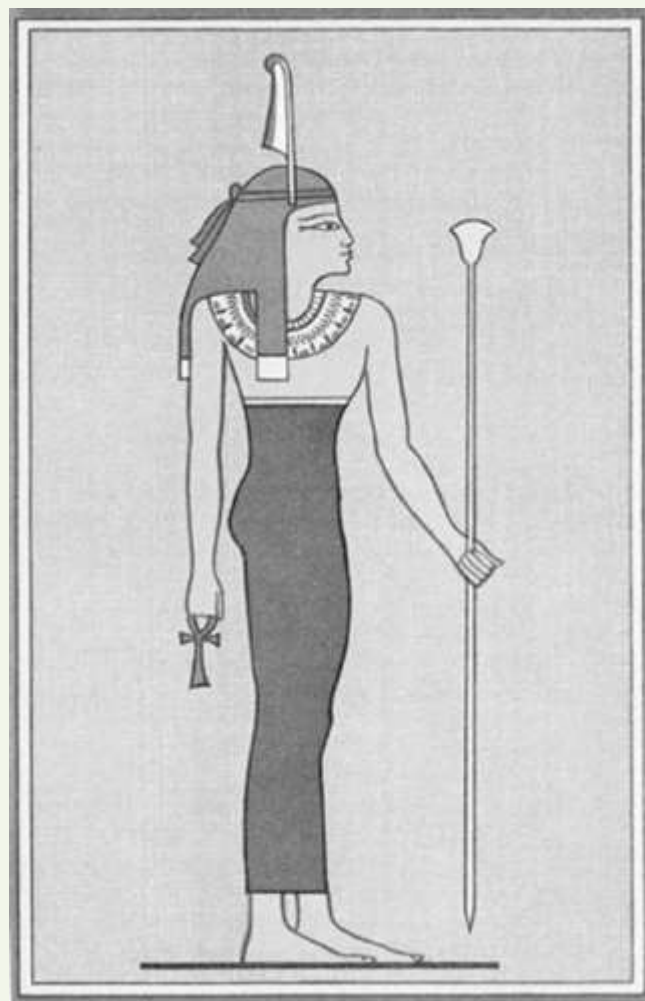
The Neters or Gods are the personification of impersonal principles. Maat, especially, is a cosmic principle. The ancient Egyptians loved puns, the play on words, and there is one here, where Maat says, "If you have found me that dwells in the heart of Ra..." One of the epithets of Maat was "The Me", the Measure of all things. One must find the measure, the "me" that is Maat, in the heart, the centre of all.

Maat is the Eye of Ra, and the secret hidden in the heart of Ra – she is his daughter, after all, and the apple of his eye. As with students, a good pupil is one in the centre of the eye, one that beholds, yet is a void, an emptiness – therefore receptive, 'one who beholds', capable of true meditation. Also one who hears – the human ear was shaped by the sounds, not the other way round. The heart itself is the void place of spirit. An Egyptian hieroglyph for the heart (Ab) is a pot or vessel and the handles are the 'ears'. The 'eye' is the emptiness inside. Nuit wears a pot on her head, her name, "Nu"; she is the Holy Graal.

Everything about Maat is double, and the Egyptians usually had two of everything, male and female Gods, Neters, everything. Maat presides over the Hall of Dual Manifestation, and everything in nature is double, there is 'no-one' in truth.

The whole power of Egyptian magical spells is in the words; to know they are true words and to speak them forth is the perfect Truth that is equal to Maat.

The Egyptian Goddess Maat



This depiction of Maat with a single feather is from Budge, *The Gods of the Egyptians*, Volume 1, pp. 418–419.

Oliver St. John is the author of twelve books covering Hermetic and Thelemic philosophy, Qabalah, operative magical Theurgy, the Tarot and astrology. He received initial training through a five-year course in Applied Qabalah written by Gareth Knight and W. E. Butler. In 1996 e.v., he forged a magical link with the Law of Thelema, the ancient Egyptian "93" current that was unearthed through the mediumship of Aleister and Rose Crowley. This led to his foundation of the Hermetic college Ordo Astri in 2000 e.v., and his entry into Kenneth Grant's Typhonian Order (formerly Typhonian OTO) in the same year. Over the course of time, Oliver St. John has worked with Mary Long (author and student of Dion Fortune), Gareth Knight, Dolores Ashcroft-Nowicki (co-founder of the Servants of the Light Association) and Olivia Robertson (co-founder of the Fellowship of Isis).

Hermetic Light - Essays and articles on Hermetic philosophy, Thelema, practical magick, mysticism and magical ritual. Includes extracts from the books and knowledge papers of Ordo Astri, the Order of the Star.

<http://oliverstjohn-thelema.blogspot.com.au/>



Mediumship & Psychic Development Circle

We all have natural psychic abilities. Learn to Awaken Your Psychic & Mediumship skills at the Psychic & Mediumship Development Circle. Tap into the power of your psychic intuitive abilities and make them work for you in all areas of your personal and business life!

These classes will be facilitated by Janine Donnellan from SOL Illumination.

Classes are conducted on a fortnightly basis (5 nights a term).

Where: Sylvania Cottage, Venetia Street, Sylvania 2224. The cottage is on the corner of Venetia & Holt Street. There is plenty of allocated parking in Holt Street.

Dates: Fortnightly on Tuesday nights (3rd May, 17th May, 31st May, 14th June, 28th June 2016)

Time: 7:00pm – 9:00pm.

Cost: \$180 per term

BOOKINGS ARE ESSENTIAL ~ Please contact Janine on 0408 025 268 to make your booking. A non-refundable deposit of \$50.00 is required for all bookings and can be paid using the [PayPal button on the website](#). The final payment can be made at the first workshop.

Communing with the Ancestors at Samhain



Samhain, (pronounced SOW-in, SAH-vin, or SAM-hayne) means "End of Summer", and is the third and final Harvest of the Celtic Year. Samhain falls on approximately April 30 - May 1 in the Southern Hemisphere.

It is a magical interval when the mundane laws of time and space are temporarily suspended, and the Thin Veil between the worlds is lifted. Communicating with ancestors and departed loved ones is easy at this time, for they journey through this world on their way to the Summerlands. It is a time to study the Dark Mysteries and honour the Dark Mother and the Dark Father, symbolized by the Crone and her aged Consort.

The ancients and the modern pagans celebrate Samhain as part of the cycle of life; it is an acknowledgment that without death, there can be no rebirth. It is a time to reflect on what we have brought into our lives, and what we actually need for the long cold times ahead. As the darkness increases, the Goddess changes into her powerful aspect of the Crone, she becomes the Old One, the Wise One, and the One that provides guidance in our hour of need. The God, the Dark Lord, prepares to pass into the underworld to become the seed of his own rebirth, which will occur again at Yule.

Appropriate rituals for Samhain include contacting ancestors within the sacred circle, honouring the lives of those who have gone before us, releasing destructive habits, divination activities, and all transformation rituals. We can honour those that have gone before us at the 'feast of the dead' where extra places are set at the table and food is set out for those ancestors that we want to commune with.

Communicating with the dead during Samhain can be more effective as the veils are thin between the realms. Divination is essentially one of the oldest religious practices. From the earliest stages of civilization, people have used various means of divination to communicate with the ancestors and other supernatural beings when seeking guidance. It is one of the primary practices used by shamans, seers, priests, medicine men, sorcerers, and witches. Such persons were called diviners, and

they often belonged to special classes of priests and priestesses who were trained in the practice and interpretation of their divinatory skills.

During this time the separation between past, present and future becomes blurred, allowing us to use divination such as tarot, tea leaves or scrying to gain glimpses of things which have not yet come to pass.

People often use the Ouija Board as a means to contact their ancestors. Experienced people can use the Ouija board as a tool for spiritual information but like any psychic process certain guidelines should always be followed. Always apply a system of protection for opening and closing your Ouija sessions.

Make sure your surroundings are comfortable and seemingly free of negative energies. Smudging the surroundings and the participants with sage is an excellent way to get rid of negative energies. Some people like to say a prayer/affirmation over the board - or do a protection ritual. You can also envision a protective white light of energy surrounding yourself, the board, and those you are working with, and even the room. Ask your spirit guide or higher self to protect you and bring you spirits to channel who are on higher frequency in truth and in light.

Be sure your board is clean and free of dust. Wipe gently with a clean soft cloth before you begin. You can play music as you will also be focusing on your thoughts as you channel.

If during the session a negative entity comes in stop using the board immediately. Ask your guides to remove the negative spirit and make sure you close any portals that you have opened and close the circle down completely.

Never ask spirits to do harm to others.

Do not let others use your board when you are not using it.

Keep the board in a special and safe place.

Do not get addicted to the board.

The Ouija Board is not a game but a tool to use for psychic/spiritual information. Please use it responsibly and with a positive intent.

AN ANCESTOR
CRYSTAL GRID
FOR
SAMHAIN

Jess Carlson
jesscarlson.com

A Grid For Samhain

Samhain, also known to some as Halloween, is that time of year that we honour our loved ones who have moved into spirit, or as you'll sometimes hear in the hoodoo community, "gone home", or "had their sunset". It's a time to give thanks and send love to our ancestors, both known and unknown.

For some people this is a really simple process and for others it can be full of ritual and pageantry. For some people it's also really simple to connect with their loved ones and feel their presence and communicates with them while for other people they need all the help they can get.

This crystal grid is designed especially for those people that find this work a little difficult and who would like any help they can get to enhance their experience. Once together you can meditate at it or do ritual around it to enhance your communication with your ancestor spirits at Samhain.

For this grid there are some specific crystals that you'll need and pictures of those you'd like to connect with if you have them, but candles, incense, and offerings are additional if you wish to use them.

What Is A Crystal Grid?

A crystal grid is a system of crystals, arranged together in a chosen pattern, which together create a specific type of energy field around a space. The size of the energy field will be determined by the number of stones used and how big the individual stones happen to be. This is one of those instances where size *does* matter. The bigger the stone the bigger the energy field, which means that the more stones you bring together the bigger of field of energy they create together. The size of your energy grid can be measured using dowsing rods or a pendulum. For this kind of grid you don't need the size of the energy field to be too large because it really only need to encompass the space you are specific working in/sitting at.

The Stones

For this grid I prescribe 6 specific stones. These are the stones I use for this kind of work but naturally these are not the only kinds of stones used for spirit communication. Do some research of your own to find ones that you feel drawn to if these stones don't feel right for you. Next to each is the number you'll need for this grid.



Amethyst (2) - Used for protection while doing spiritual work but also to help turn you in to being able to more clearly receive messages, especially through

clairvoyance as this is a Third Eye Chakra stone. Also helps to calm the nerves or any anxious feelings in anticipation of doing spirit communication.



Apophyllite (4) - This stone is one specifically used for spirit communication which helps to connect you to spirits who you would like to build a connection with. It also enhances meditation

which is often part of the process of spirit communication. Using apophyllite in your grid will allow you to receive clear messages.



Black Obsidian (2) - Used for protection along with the amethyst. Helps to keep you a bit grounded in the process of connecting to the other realms through the higher chakras.



Blue Lace Agate

(4) - This one not only helps with connecting to the spirits in the Otherworld but also helps to keep you

emotionally balanced so that messages which may be very emotionally charged do not overwhelm you. It also helps raise your vibrations to make contact with the spirit world easier.



Quartz Points (2) - Used here as an amplified and channelling stone.



Rose Quartz (4) - Used to maintain an element of love and reverence, acting somewhat as an offering, to let the spirits know you are surrounding them in

your love and reverence and creating a welcoming space for them to come in to.

A Few Tips

- You can use tumbled stones or you can use clusters or raw pieces of a gemstone or mineral. Keep in mind that a cluster, which has many tiny points will send energy out in many different directions from all the different points. I tend to prefer tumbled or raw stones for grids because this helps keep the energy somewhat contained for the circuit you're creating.

- When picking a place to set up your grid, pick a place that will be undisturbed from tiny hands and paws.
- It's also idea that the surface where you are going to place your grid will not be used for anything else.

This helps to keep the energy of your grid undisturbed and keeps you from having to do a lot of maintenance on the grid itself.

Ancestor Images

Since this grid is designed for connecting with your ancestors during their special time of the year you may want to create a whole ancestor altar around this grid. I recommend getting photos of your ancestors, or any specific people that have gone into spirit that you wish to connect with, and place it on the centre of your space where you will create your grid. We can create grids with pictures of people we wish to direct the energy toward under the centre stone, and in this case since we're using stones and a grid for communication, we can place images of those we wish to communicate with in the centre under the centre stone. You can add other personal items of theirs around the grid on the table it is set up on if you desire.

Creating Your Crystal Grid

Prep Your Stones:

The first thing you need to do is prepare your stones for use. This is a simple matter of cleansing them. All of the stones used in this grid have a Mohs Hardness of 5 or over meaning they are hard enough to get wet. You may wish to start by quickly holding each piece under cool running tap water just for a few seconds to clean them both physically and energetically {this helps to remove positive ion build up on the stones}. After doing this I then *highly recommend* that you retune them with sound frequency. This is done by simply ringing a bell or singing bowl over the stones. [You can read more about that process on my blog:](#) Cleanse Those Crystals in 60 Seconds or Less.

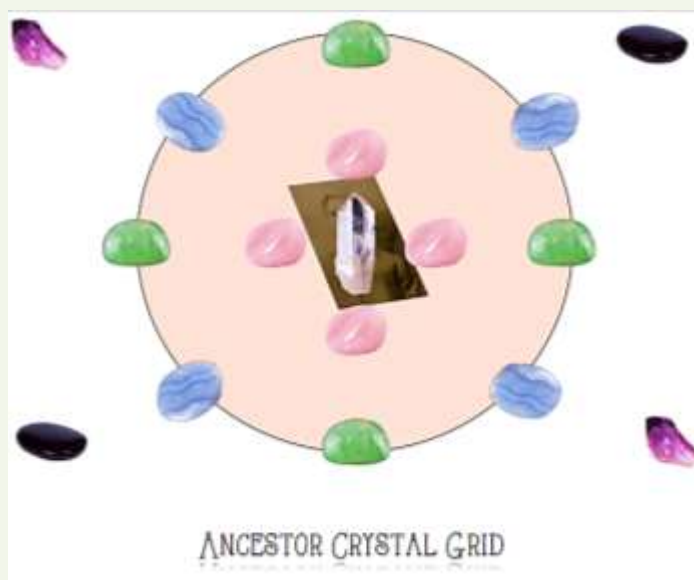
Set Up:

Next you'll set up your grid according to the chart on page 15. Lay your photo in the centre first and work from the centre out. The grid shows a circular pattern in the centre with four corner stones a little farther away on the edges. The obsidian and amethyst stones are here for protection and are placed outside of the actual grid. This means that when you go through the process of connecting and charging the grid you will not include these stones as part of this process. Instead what you'll do is place these stones in their spots

with intention and a little prayer at the end of setting up the grid itself. Place these four stones at the corners with the intention that they keep you and your work with the spirits safe while saying: Crystal spirits of black obsidian and amethyst, may you guard this grid and guard myself as I work with it.

Ensure that all spirits who connect to me through this grid be for my highest good.

May no spirits who wish to do me harm be able to connect to me through this grid.
And so it is.



Activate Your Grid

Hold your leftover quartz point in the hand that you write with. Have your intention clear in your mind before you start. The process of activating your grid is meant to create lines of light between all the stones so that they are working together as a vortex of light rather than individual stones sitting together. To do that we trace lines over the stones in a clockwise pattern to connect them all.

Begin by pointing your quartz point over the apophyllite stone at the bottom of your grid and draw a line to the centre stone and then back down. Then go from the apophyllite to the blue lace agate to the left and then up to the centre stone. Then come back down to the blue lace agate. Next go from the blue lace agate to the apophyllite to the left, up to the centre stone, and back again.

You'll keep doing this going around in a clockwise circle so all the stones are connected by a line of light to the centre stone. Do this circle of light three times. If you start to get confused or stuck, just think of it like cutting pieces in a pie, where you want everything to come back to the centre. You just want to make sure that you're creating "slices" that connect everything to the centre. When you're done hold your point over the centre stone and say:

May I receive messages from my ancestors, known and unknown, with love and clarity. Put your crystal point down. While standing over your grid clap your hands together loudly and rub them together quickly to generate energy and heat. When you feel ready, slowly pull your hands apart, feeling the ball of energy you've formed between your hands, and with intention to release all illness, "throw" the energy ball into the grid. Your grid is all set! Reactive your grid once a week or any time you feel it needs a boost.

Tips For Using Your Grid

Your grid is going to help draw in spirits, especially ancestors that you have placed in the centre of your grid. How they connect to you can vary. They may begin showing up in your dreams, you may start to get a sense of them around you during waking hours, of you may hear them speak to you as though they were sitting next to you. You may also start to have memories of them that you haven't thought of in years start to pop up for you. This is all part of the communication process.

There are ways you can actively work with the grid.

- **Meditation** - Sit at your grid and meditate, calling on your ancestors to be with you.
- **Divination** - You can work divination at your grid to get help from your ancestors with your questions.
- **Prayer** - You can stand over your grid and say prayers for your ancestors to send them energy and love.

Your grid really just does its thing on its own. The energy emitted from the stones working

together will draw in spirits and ancestors to connect with you without you doing anything after the activation is done.

After Samhain

Once Samhain is over you may wish to keep your grid going. You may find that this helps as part of your ancestor work or you may find that it in general helps you to be more open to receiving messages from spirits, including spirit guides. All the stones used in this grid enhance communication with spirit guides and angels as well, so keeping this grid in place, or taking it apart and reactivating it with a new centre image or even no centre image for more open communication, can be helpful.

About Jess - Hey! I'm Jess, an intuitive coach, shamanic healer and urban priestess who

loves to help people take the magical and the metaphysical and turn them into practical tools to help them create intuitive, spirit driven lives that support their dreams. I offer one-on-one coaching programs for individuals as well as spiritual entrepreneurs to help them figure out what they're tolerating in their lives and learn how to ditch the bullshit and say YES to what they really want. I also offer intuitive tarot and oracle readings to guide you through clarity and decision making for any situation as well as offering accredited online training and digital products to help you learn the tools and techniques to help you discover your inner power so you can take on the world.

Find out more about how we can work together!

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This meditation eKit comes with a 40 page ebook with lore, magic, spells, and recipes for celebrating the magic of Samhain and the Witch's New Year and a guided meditation MP3 to meet the Dark Crone Goddess and visit an ancestor at Samhain.

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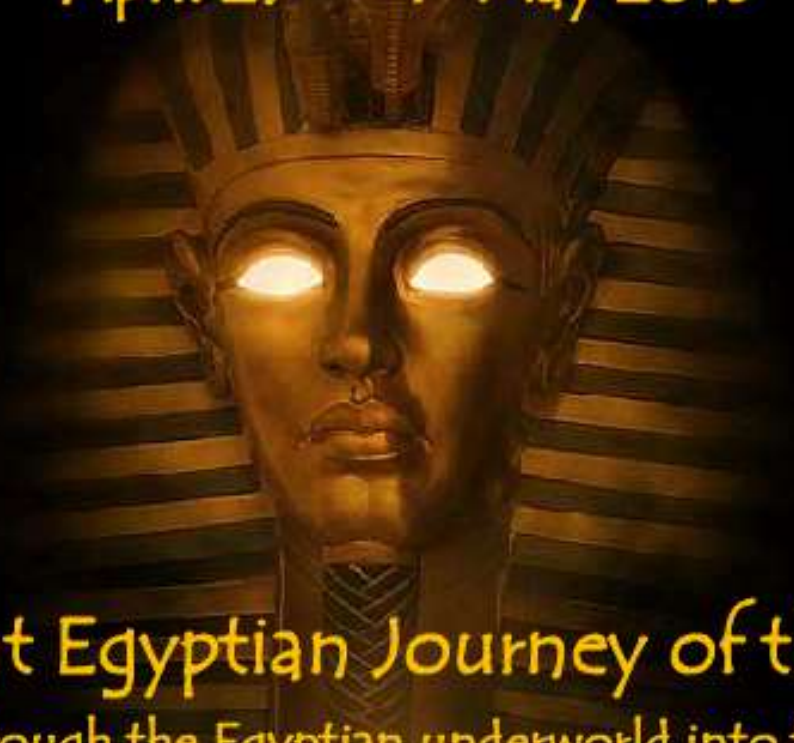
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- 23 magical recipes for oils, incense and powders
- my personal 6 step process for skull candle magic
- tons of tips and tricks for creating your magic

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Samhain Weekend
April 29th – 1st May 2016



Ancient Egyptian Journey of the Soul.

Journey through the Egyptian underworld into the depths of your own psyche.

Cost: \$180 (Includes accommodation and meals)

Where: Southern Sydney, Australia. Full details and address will be sent to you via email once you have registered.

This weekend is limited to 20 people. Bookings for this event must be confirmed by 15th April 2016. For further information or to make a booking please send an email to inquiries@spheresoflight.com.au





Your Tarot Archetypes in Action

By L. A. Lothian

1. How to Calculate Them

Archetypes are energetic imprints that exist in the psyches all of us, even though throughout history we have tended to externalize these archetypes as Gods, Goddesses, and planets. For instance, the 11 known celestial bodies of our solar system (Chiron included) are often misrepresented in astrology as forces out there, acting on us.

In truth, the planets represent archetypal forces within us--from Mercury our communicator/thinker to Neptune our inner mystic/dreamer to the Moon, our emotional nature. It is when we disown the energy of any particular planet within us, that we misconstrue the influence of that planet as a malefic trouble maker!

The 22 archetypes of the Major Arcana come to us from the shadowy realms of forgotten pre-history, in all likelihood part of a wisdom that once passed for general knowledge, yet was lost in the looting, pillaging and burning of Hellenic and Alexandrian libraries. That said, the tarot re-emerged in medieval times, was fortified in the late 19th century mystery schools a la Aleister Crowley, and with the mass distribution afforded by modern games companies, have seen a major resurgence.

Although Tarot cards have long been used as a parlour game and fortune telling device, Tarot archetypes are a key to 22 expressions of soul energy, and to the 21 steps we take on the journey of soul growth. The 22nd archetype is the Fool, who represents the vagabond traveller we all are throughout the cycles of incarnations on the physical plane.

Twenty-two might seem like an awfully crowded room, a giving us a psyche of Sybil-plus proportions. However, there are really 10 core archetypes, with the remaining 12 representing a deeper level or another layer of one of these primary archetypes. One way to imagine our psyches is as a room full of 10 pregnant women, two carrying twins. The room IS crowded, it just doesn't seem unmanageable because the other 12 are nascent and dormant beings that have yet to be born. It is an evolutionary challenge as a species, then, to begin to express the 12 Higher Archetypes by giving birth to and nurturing them in our lifetimes.

So who are the all-star cast? In order of appearance: Magician, High Priestess, Empress, Emperor, Hierophant, Lovers, Chariot, Strength, Hermit, Wheel of Fortune, Justice, Hanged Man, Death, Temperance, Devil, Tower, Star, Moon, Sun, Judgment, World, and Fool.

Your Primary Soul Archetype

This is your assignment in life, your mission impossible, your destiny Young Skywalker. It is the archetype that challenges us to the greatest growth in this incarnation. In that respect, it can be seen as our most undeveloped archetype, the supporting actor of other lifetimes that has risen to top billing in this one. You can run, but you can't hide from

your soul archetype. Its lessons are the mandatory course requirements for graduation in this lifetime.

Your Higher Soul Archetype

While everybody comes into this world with a primary archetype assignment, some of us wild and crazy souls arrive with a double course load. These are arguably the old souls who've been around and around the karmic block, multitaskers who have taken on the challenge of two archetypes. On the other hand, these just as well could be souls who failed the last grade and are doing make up courses! Who knows, but my experience of what I call Dual-Soul people is that they invariably live two separate lives--part one expressing the primary archetype and part two the Higher archetype. Most often this shift occurs once the individual has mastered the primary archetype, and is free to tackle the more complex vibration of the Higher archetype. Possibly the role of these individuals is to raise the collective to a higher level of spiritual awareness. Or to just bug the hell out of us!

Calculating Your Primary and Higher Soul Archetypes

OK, this is deceptively simple, and I've heard it before. It needs to be some algorithmic equation of Pythagorean complexity in order to be meaningful. Surprise! The most profound truths in life are always the simplest!

First, take your date of Birth and do the math below. We'll use "Dan" as our first example. Dan is born Sept. 22, 1945.

```
1945
+22
+09
-----
1976
```

1976: $1 + 9 + 7 + 6 = 23$

Because 23 is Higher than 22 (the last archetype of the arcana) we must reduce the number (think of making gravy from watery stock!). How do we do this? $2 + 3 = 5$

Dan's Primary Soul Archetype then, is 5. You will see in the next article that 5, is the Hierophant. Dan then, is a Hierophant Soul. (Think Pope!).

However, there are those with dual souls. Let's take "Cindy" as an example. She is born Oct. 17, 1956.

1956
+17
+10

1983

$1 + 9 + 8 + 3 = 21$

Because Cindy's number is less than 22, we retain 21. When we check the interpretation we find she is a World soul. This is a Higher Soul Archetype, as are all archetypes from 11 (Justice) to 22 (the Fool).

Now, we take the 21, and reduce that: $2 + 1 = 3$. We see that Cindy's Primary Archetype is 3, the Empress.

Calculating Your Year Cycles

First, never forget that the year cycles are birthday to birthday, not calendar year.

Another simple formula. Elementary dear Watson.

Add together your month and day.

Dan: Sept 22, which is 09, and the day, 22, which adds to 31.

Take your 31 and DO NOT REDUCE IT FURTHER. Take this number and add it to the year you wish to know about. For instance, 1997 plus 31, which gives us 2028.

Now, take 2028 and add the digits together. $2 + 0 + 2 + 8$

From this we get 12. Dan is in a 12 year, the Hanged Man. We do not reduce this further to 3, though it is understood that 3, the Empress, is a part of his year cycle energy simply because it is a lower octave of Hanged Man. (12 reduces to 1 plus 2 = 3.)

2. Your Year Cycles

After you have calculated your Primary Soul (and for some, Higher Soul) Archetypes, you can interpret the gist of your Life Purpose by

reading the Year Cycles 1 to 22 below, and simply substituting the word Life for Year.



High Priestess Year * 2 *

This is a year of choices: to be or not to be? Should I stay or should I go? Turn left, or turn right, up or down. A high priestess year sets in motion a cascade of decisions, none of which is easy, and all of which have one thing in

common--there is no middle ground. Rich or poor, good or bad, dark or light. It's as if somebody has put the high contrast filter on your now black and white life. Jungian analyst Marion Woodsman describes it best--this is about balancing the tension of opposites in your psyche. Time to hit the dark room, process that roll of film you've kept hidden in the freezer--you know, the outtakes of all your demons, monsters and bad guys. Time to print and expose them to the light of day. Can't stand your boss? What trait does she express that you repress? That neighbour is a loudmouth so-and-so. What are you afraid to be loud about? Your spouse is a freaking neat freak. Have you noticed, by the way, that you are a slob? Oh, the High Priestess sounds so damn nasty. She is also a psychic wonder woman, so take heart. She will fire up your intuition in this year, so if you start hearing voices, now is the time to listen! Past life memories are her specialty, and you can order up as many servings as you'd like. And does she like to slip under your covers and watch your eyeballs rock and roll in R.E.M sleep. In fact, High Priestess jumps right into your normally mundane dream life in this year--forget the neurotic dreams about being late for work, naked in public, teeth falling out and having to take that exam again, and again you haven't studied. She turbo- charges your psyche and sends you into the realm of Big Dreams: precognitive, astral, archetypal, lucid, otherworldly. If you have never dream journaled, get started! High Priestess is here o wake you up while you sleep. Breakfast conversation will never be the same again.



Empress Year * 3 *

Picture a radiant woman in flowing moo moo dress tending her garden with loving care. If you are a man, no need to cross dress, just don the coveralls. Whatever the gender, the Empress year brings you in touch with your need to nurture and be nurtured. She is

earth-mother incarnate. Watering your plants, stroking your pets, hugging your kids are de-rigueur. It is a year in which frozen emotions begin to thaw: you cry at the movies, you cry at weddings, you cry at the dry cleaners. You are sucker for the underdog, the lost cause, any cause. A trip to the pound in this year is not a good idea, unless you are planning on turning your own home into an animal shelter. Key is to take this reservoir of love that keeps spilling over, and splash in it yourself! Book a massage, take a vacation, and pamper your soul! If you are female, this is a year to learn about sisterhood, to find support and love from women, to meet a surrogate mother-mentor, and to come to terms with your feelings about your own mother, and being a mother. As a man, you will find yourself embracing women as friends, renewing your relationship with your sister (s), coming to terms with your mother, and with how she influences your choice in mates. The Empress is not just about love: she is about creativity that is seeded in the realm of the imagination. She is fecund and fertile, ripe and blossoming, with ideas, plans, creations. That includes procreation's: a conception, birth, or adoption in your Empress year is about the maternal urge at full throttle: this is the child who is wanted, wanted, wanted no matter what. Even though creative juices are flowing in this year, much of what the Empress seeds will not begin to sprout until the following year, when the physical manifestation of Emperor takes over, giving form to the imaginative thought-spark of Empress.

Emperor Year * 4 *

OK, time to claim your kingdom and yell out, "I'm the King of the Castle" (and you're the dirty rascal?) This year is about independence and



manifestation on the physical plane. If you have unresolved Father issues, they will resolve themselves! Fathers can die in an Emperor year, and they can also come back to life, in the sense that we forgive and allow them to be people who make mistakes, rather than villainous rulers of our childhood. Issues with authority--claiming your own, bowing to another's, can be great lessons in this year. It is also a year about building up something in a step-by-step manner, something lasting and something royal. Think Cheops and his pyramids! Businesses are often incorporated, houses built in this year. However, the highest expression of Emperor is not in lording over employees or slaves, nor in marketing 101, but in learning to SERVE. The good king thrives because he puts the needs of his constituents first. He (or she) learns that true leadership is truly service. This was the message of Christ, leader among us, who said: The least among you shall be first. The good Emperor learns that having a palace (in Pacific Heights) and riches (film royalties) is not enough to claim the one Kingdom that really matters--the Kingdom of God within. The goal of an Emperor Year is to manifest on the physical plane, Divine Expression and Intent. The Shadow side of Emperor is the short-sighted profit motive, the Machiavellian end justifies the means, the folly of King Midas with his golden life-destroying touch. In an Emperor Year, harness the highest yield: forget your financial balance sheet, and remember your karmic debt. This will lead to riches beyond your dreams.



Hierophant Year * 5 *

Get ready to learn what it means to listen to yourself for a change. The ultimate goal of this year is to realize you are your own best teacher, advocate, mentor, advisor, and priest. In the meantime, watch as you look for all of these resources outside

of yourself! This is also a year which challenges you to play the rules of the game or to disavow those rules. Time to be the iconoclast or the team player. Time to learn how, and now, to climb that corporate ladder, or bail out. What colour is your parachute? The colour of one who listens to his or her inner teacher! Dogma is the dead give-away of a Hierophant who has lost touch with his or her inner voice. These years separate the sheep from the shepherd, the believer from the outsider. Time to find your place, or make your place. Entrepreneurs blossom in this year, as do bureaucrats. It is a matter of simply identifying your niche, at least for now. Institutions can play a major role in your self-discovery, from church to state. Medicine, Law, Academics, Government bodies are just a few classically Hierophant institutions that might impact your life in this year. Shadow side of this year: trying to fit your square self into a round hole, or vice versa. This is NOT the time to follow parental/societal/cultural expectations of who you are, but to delve deeply and discover that truth for yourself.



THE LOVERS

Lovers Year * 6 *

So who is the lucky or unlucky partner? This is a year of union and separation, of seeing yourself in the mirror of relationship. Friendships and relationships which end now will end simply because the lesson for both parties is over--endings in a Lover's Year

are D.O.A. and often traumatic. No resuscitating here! Existing relationships that survive the Lover's test have been forged in a crucible of soul-communion --long live those relationships (at least until the next Lovers year). Unions and partnerships also begin in this year. These run the gamut from birth of a child or grandchild to business partnership to marriage, to engagement, to the start of dating. These all share a common characteristic: they are your classic "soul mate", known-each-other-forever re-unions. Expect to learn a lot, and over a lifetime, with any relationship that BEGINS in a Lover's Year. Even divorce or death will not keep this relationship from thriving. Unions in a Lovers

Year are about commitment at the soul level to furthering each other's growth by supporting, mirroring, shadowing each other: this is the cypress and the oak, side by side, sharing the same water, same sun, neither crowding the other. This is also your typical screaming Italian union, in which fireworks are the spark that keep each other growing! Hot hot, cold cold, never lukewarm!



THE CHARIOT

Chariot Year * 7 *

Hi Ho Silver! Time to harness up your trusty steed and ride the Chariot into battle. This is a year of proving yourself in the world, of taking the reins of your life and charging forward full speed ahead. Challenges of all kinds can manifest in a Chariot cycle, from

relationship to career to health, but these events are merely the obstacle course erected at the soul-level, through which you test your mettle. Think slalom ski racing, race car driving, and horse racing. Cars, boats, planes and trains all figure prominently this year, with travel and/or relocation likely. No place for compromise, nor self-doubt. It is a year of risk-taking, of daring to tackle your dreams. Chariot takes what the Emperor started, and amplifies it by literally transporting it from the confines of the castle, into the world at large. Mergers, acquisitions, businesses expansion, and career lift off are common. Local becomes national, national becomes international, and global becomes interplanetary. How you accomplish goals in this year may surprise you. The meek become mad dogs, the bears become bulls. Chariot fires up your yang, your Mars, your will power. At its highest expression, Chariot year challenges you to align personal will with transpersonal, to manifest beyond ego needs and become instead a powerful vehicle for the will of God. In this regard, Chariot can take you in directions beyond your imaginings and you may find yourself radically and suddenly switching directions--career track for mommy track, spiritual devotee for capitalist entrepreneur, such changes in a Chariot indicate the Ego giving up the steering wheel

and saying, you drive! There are no boundaries in a Chariot year, and if you dare to step off the edge of the world, you will find the world is yours.



Strength Year * 8 *

This year is about shedding your skin like a snake in order to become who you really are. This is a year of transformation, and for some this requires a 180 degree shift. For others, living a more authentic life entails a gentler re-direction. Whatever the case, this

year will force you to re-assess who you thought you were for what you are becoming. It's time to trade in the Ego agenda for the transpersonal model. Time to tap passion, creativity, excitement and lust for life, and what the heck, plain old lust. NO SHOULD'S ALLOWED is your motto this year. And for goodness sake, if you haven't learned to love yourself, this is the year you will finally get it! When we resist the expression of our authentic selves, this year can present as frustration, chaos, illness and sometimes tragedy. Each of these is a wakeup call to a new life, to who we really are. Part of a strength year will always involve looking at ALL of who you are: this means your animal nature, your dark side, your shadow stuff! The less you have stuffed in the closet in a Strength year, the freer you are to recreate yourself and your life. Think of putting your hand in a lion's mouth, and you'll have the gist of your Strength year.



Hermit Year * 9 *

The Hermit initiates a 12-month cycle of learning, questing, seeking, teaching, mentoring, apprenticing. It is a time of completion's, of tying up loose ends, finishing projects and relationships, in preparation for a whole new cycle. Shining the

light in the dark corners of your life and finding answers. Take time to be alone, to contemplate, and to learn. Those who have never seen a psychic, see one in this year. Those who have never looked deeply for metaphysical truths, venture for the first time into this territory. Truth at all costs in this year. No white lies. Time to meet your Obi Wan Kenobi, or Crone, or Wise Old Man. This may be a real person who comes into your life this year, a spirit guide, or an aspect of yourself! Dreams will speak to you, so listen! Shadow side of this year: falling for guru worship, taking the advice of others over your own best knowing, not following your hunches, mistaking alone for lonely, and forgetting that it is your year to march to a different drum! It is OK to be the oddball this year. Go for it!



Wheel of Fortune Year * 10 *

Hold on to your hat, run for the cellar. This is the year the tornado sent Dorothy and Toto to the land of OZ. The keyword in this year is CHANGE. The motto to survive by: GO WITH THE FLOW. Understand that the changes at hand are seeded at a deep level of your soul, and this is where the notion of fate makes sense. Think of Pat Sajak as King of Karma (Saturn) and Vanna White as his trusted companion, that repository of past life memory, (moon). A look-see at the transits and progressions of these planets to your natal chart might be enough to make you shriek in this year. It is also a clue to what your karmic lessons will be, so tune in to an astrologer near you. You can run, but you can't hide from your Wheel of Fortune Year. OK, it's not all upheaval and chaos. Think then of Ganesh, Hindu Elephant God. This cosmic elephant removes obstacles from your path or puts them there. All depends on whether you are on the RIGHT PATH or not. In your Tao, as the Chinese might say. When you are off the beaten path, off track, lost in the woods, the Universe nudges or shoves you back to the road of your proper destiny. This soul path is the Yellow Brick Road that Dorothy travels, that you are traveling as well. Change of job, residence, city, country, relationship are

common manifestations of the seeker re-establishing contact with Divine self, with the right way. Keep to the centre of the wheel, not the bumpy rim, and journey will be smooth!



Justice Year * 11 *

This is a year in which the scales of Justice seek the balance point between an ounce of flesh and a kilo of Karma. This is not just your bathroom scale weighing the sins of chocolate and cheese puffs, but rather a Cosmic Weight Watchers that measures

the ratio of spiritual muscle to karmic fat. Karma sharma, you say? Just look in the mirror at the flab of unfinished past life lessons that hang like a spare tire and saddle bags on your aura. By the time you've hit a Justice Year, it's too late to crash into a spiritual fitness course. The best you can do now is throw yourself on the mercy of the court. What if you've been doing your spiritual calisthenics all along, and your aura is trim and fit? This is your year, then, to cash in on some of your just desserts. All those good deeds and thoughts made it into your celestial bank account, and here comes the interest check. Lucky breaks, happiness, success, fame or fortune can all be your maraschino cherry of good karma. Or conversely, you might find this a year to reap what you have sown in misdeeds and ill-thoughts. From bad luck to bad hair days, the scales can tip with little warning into payback territory. If you've been a naughty soul, it's a good a time as any to say your Hail Mary's, right any wrongs, to forgive and forget, and hope Justice will prevail in your favour. What goes around always comes around, and this is the year to learn that lesson once and for all. Legal battles, contractual difficulties, parking tickets are all external manifestations of an internal imbalance. Find your own middle ground this year, the balance point. Zen Buddhism anyone?

Hanged Man Year * 12 *

This is a two layered archetype-- Empress, with her call to creativity, procreativity,



nurturing, self-nurturing, imagination and love. At the same time, you are experiencing the challenging higher octave of Hanged Man! If Empress is Mary Had a Little Lamb, then Hanged Man is the theme melody to Twin Peaks, or better yet, a depressing Pink Floyd tune. Your challenge in this year is simple (heh

heh): SURRENDER. Yeah, right. Well, at least give up control, and realize that you are not going to conquer this addiction, or self-defeating behaviour pattern, or neurosis, all by yourself. Sure a therapist or 12-step program will be helpful, but in the end this is about saying, OK GOD, I GIVE UP. Show me the way? You choose, I'll follow. What are you in crisis about: workaholism? Alcoholism? Martyrdom? Too many times, a health crisis becomes the wakeup call in a Hanged Man year. So wake up before your body forces you to snap to attention. What may have been fine for years is suddenly no longer tenable to the soul within. That co-dependent no more relationship? That TV addiction when you could be meditating? That unresolved mother stuff--oh dear, did I forget to mention? You have some heavy lunar-maternal stuff coming down the chute in a Hanged Man: clear the closets, clear the air, tell mom what you think, tell your kids to be quiet! Whatever the case, do not expect smooth sailing as a mother, or with mother. This goes for you men too! Did I mention this is a highly creative year?



Death Year * 13 *

Don't worry, Death is only one side of the coin. The other is rebirth. This is not a year of physical death (phew!) but the dying of some part of who you are in order to make way for the beginning of something new. Death is a higher octave of Emperor and so expect many of

those same themes--independence, leadership, authority to play out in this year. But also, be ready and willing to make dramatic shifts in your life, in your priorities, in your career, in every realm. Favourite death year examples include the corporate exec who resigned to join an ashram; the accountant who quit to become an artist. Death need not be so revolutionary, it all depends on how well you have been listening to your soul all along: if you love your work, then it will love you back in this year, with new levels of achievement and acclaim. It is when we have not been true to ourselves that life seems to betray us in a Death Year: fired from the job we hated anyway, left by the spouse whom we long ago emotionally abandoned. OK, so maybe Death can be a bit of an earthquake, but who ever said that life was easy. When you cease to be afraid, to walk into your fear, you have become complacent and are no longer growing. Death says tsk tsk, not anymore! Ways to co-operate with Death in this year? Take up bungee jumping, rock climbing, parachuting, or anything that scares you to death. Terrified of public speaking: time to sign up for an acting class. Afraid of dogs. Time to volunteer at the pound. By engaging our fears in a Death year, we say to this archetype: you don't have to sneak up on me, I am willing to grow. In a Death year, the best defence is a good offense.

creative abilities that comes from channelling the muse. This is not art of the tortured psyche, the personal poetry, the abstract statement. This is universal art--it touches the humanity and the divinity in all of us. Think Oscar night, think Pulitzer. Don't forget to thank your mom!



Devil Year * 15 *

Take naked Lovers and chain them to the cloven-hoofed Pan. You don't have an orgy, but you do have a carnal moment. Passion, lust and mirth are staples of a Devil year, so don't pick this one to join the monastery. Devil teaches us about the

illusions of the material world, by giving us the chance to live and play in this world. Think of Buddha before he sat by that river and got religion. By the end of this year expect to have really LIVED it up--yeah yeah, that's DEVIL spelled backward. Just like Satan speaks to us backward in old Led Zeppelin tracks, this year has a way of playing tricks on us: what we think we see often turns out to be just that: What we think. If there is any year to finally GET the Course in Miracles, and join the .00001 percent of the population who have managed to plough through it, this is it. The lesson of this year: don't change the world, change your mind about the world. Or as good old Seth, of Seth speaks, liked to say: You Create Your Own Reality. The trick, or course, is in learning how to uncreate that mess!



Temperance Year * 14 *

Take Hierophant and add a touch of angel dust. This is a higher octave of the Pope energy contained in Hierophant, raising religion to spirituality, traditional medicine to energetic healing, and commercial art to High Art. In this year, expect to find the rules

of the game you played in Hierophant, no longer apply. Rather, in this year you learn to play by cosmic rules, leaving behind forever the instructions by Parker Brothers. Monopoly? Nah. Try Pictionary, or maybe Scrabble--drawing and writing are hallmarks of Temperance, with a quantum leap in your



Tower Year * 16 *

I've fallen and I can't get up! Oh yes you can. Stop whining about that thunderbolt that blasted you from the top of your Ego Tower, to the jagged rocks below. Get out your first aid kit and pick yourself up by the shoelaces. This is the Year that you learn the basics of shock-trauma.

Check out Uranus natally and transiting, if you

want--won't tell you the voltage headed your way, but may give a clue to timing. Remember Dannion Brinkley, the guy who was fried by lightning while talking on the phone, then got a direct line to heaven. While up there, he got the Big Picture for the next thousand years, and even learned to turn on the lights without touching the light switch. Dear Dannion had what we might call a Tower Experience. Time to buy a lightning rod and quit golf at the country club. By the end of this year, you'll conduct more than a little electricity---you will have experienced ego death and like Lazarus, come back from the dead. Time for a new hair cut!

You betcha. Having a moon year, means a probable abduction into the world of your own subconscious mind, the shadowy realm of your repressed baggage, and for some, a trip through the carnival fun house of your soul. Heavy stuff, and you have planet Pluto to blame. Transform, transform, transform. On the bright side, you could be asked to the White House for dinner... Just kidding.



Star Year * 17 *

Nothing short of Divine guidance is at your disposal this year. You could meditate standing on your head on a crowded subway train, you're so centred. Astral entities, angels, guides and God are all shoving and pushing in line to get a word in edgewise: you are like a

big satellite receiver in this year, the top of your head a wide open chakra. Don't worry about astral bad guys, by the time you reach the Star, you are protected by celestial armour. This is a year to follow your star, to shine you light, to be a beacon for the lowly rest of us. Oh, and don't forget to sign autographs in between bursts of brilliance.



Moon Year * 18 *

Why do Cerberus guard the gates to the underworld? I mean, why not emus or squirrels. Maybe because those mutant dogs have sharp teeth and hair-raising snarls that make you think thrice about stepping into that lunar landscape. The moon

is shaman territory, the underworld where Hades held Persephone captive. Is that a hint?



Sun Year *19 *

Why do I want to hum a John Denver tune, any John Denver tune. Well, it could be because the sun is so, well, sunny. This is a good year by any standards: health, wealth, marriage, career routinely flourish under the sustaining rays of the sun: when this year

shines in your life, your only job is to bask. Oh, and to share some of your radiance with the rest of humanity. It's a trade-off for purgatory in the Moon year before. Everybody into the pool!



Judgment Year * 20 *

Back to the hard work. Judgment calls us to follow nothing less than our life purpose. No excuses, no calling in sick for your destiny. This archetype depicts the image of an angel trumpeting, while people rise up out of their graves. It's a Judgment day kind of thing. Key is

the grave you rise up from--is it your job, your marriage, your whole darn life which has gone to hell in a hand basket, and is about as stimulating as a day with the dead? Something has to give here, and in a Judgment year it is usually the status quo. When you hear your trumpet call to new life, don't be surprised if your worldly concerns give way to humanitarian predilections--this is your Mother Theresa meets Ralph Nader year. Don't forget to keep a mailing list!



World Year * 21 *

We are the World, we are the People. For at least a season, and then another coup d'état, massacre, genocide gets in the way. A world year is about the dance of life, about unity consciousness, about the needs of the many being the needs of the one. This is your year to

get with the Enlightenment program. First stop: worldly success. Before you can be an agent of God--in the world, but not of it--you just have to get your hands on the gold, and do a Donald Trump. World years make you rich, make you famous, and give you all your desires on a platter. At the end of the day, you come back to yourself. At least, that's the rumour.

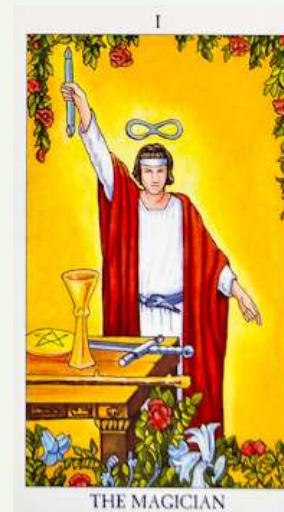


Fool Year * 22 *

This is a year of trusting the universe, of being a voyager and a vagabond, of adventuring though life. The Fool is us, the journeyman through the incarnations of the physical plane and through the previous 21 archetypes. Along the way the way the Fool learns one thing:

the only constant is change. Live by this rule of thumb in a Fool year, and trust that no matter your course, you will find a hotel, hostel,

bed and breakfast or manger waiting at the end of the day. Key concept: Leaps of Faith. How foolish!



The Magician * 1 *

Due to mathematical impossibility and the cosmic plan, there are no Magician Year Cycles, only Magician souls. This way, Magicians never need to share the limelight. The Magician is the ultimate networker, schmoozer, PR woman, spin doctor and

communicator. These verbally adept souls could take their fine art of communication to Sotheby's and auction each golden word. Past lives scribing and scribbling for pharaohs and kings make Magician's the perfect presidential speech writer, with kindlier, gentler nations at their disposal. At the end of the archetypal day, however, Magicians eventually tire of the sound of their own voice and the sight of their own rhetoric. (Think Rush Limbaugh at mid-life crisis). Inevitably these wordmeisters look for the meaning of life in Save-the-Sea-Cucumber causes, or any calling that in which the means does not justify the end. Down with Machiavelli, up with Ralph Nader! (Think Ted Turner and his small donation to the United Nations).

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Janine Donnellan's holistic services uses a variety of therapeutic techniques to clear, repair and balance the body's energy systems. Each session is tailored specifically to the individual requirements of the client. Janine is a full member of the International Institute of Complementary Therapists.

BOOKINGS ARE ESSENTIAL ~ To book a session contact Janine on 0408 025 268.



Janine Donnellan - Spiritual & Paranormal Advisor

- Founder of SOL Illumination
- Reiki Master
- Shamanic/Energetic Healer
- Parapsychologist
- Space Clearing Consultant
- Tarot Reader

In addition to her holistic services Janine is an experienced teacher and provides workshops on a variety of spiritual subjects including Parapsychology, Psychic and Mediumship Development, Shamanic Journeying, Energetic Healing, Chakra Balancing and Aura Viewing. Janine is a full member of the International

Institute of Complementary Therapists (IICT).

Janine also conducts private house clearing and paranormal investigations and is the founder of the SOuL Searchers Paranormal Investigation Team (SOuL.S.P.I.). Janine has had over 18 years' experience in conducting paranormal investigations and was awarded a Certificate of Advanced Achievement in Parapsychology (1998) Australian Academy of Applied Parapsychology.

Janine is also the editor of two free online magazines, Axis Mundi and Soul Searchers Paranormal Magazine.

Janine has also been featured in My Ghost Story, The Daily Telegraph, Mania Magazine, The Sun and the St George & Sutherland Shire Leader as well as appearing on Psychic TV and 2UE radio.

Personal consultations in the various healing modalities are held at Carousel Counselling, 13A Eton Street Sutherland NSW 2232 and are by appointment only. Contact 0408 025 268 or Email: janine.donnellan@gmail.com





Paracon Australia 2016 will be held at The Carrington Hotel Katoomba on May 26th - 29th.

Join us in the iconic and legend packed Blue Mountains for two days of lectures, presentations, screenings, investigations and more.

Dates and events to note!

Thursday the 26th in the evening: The Speakers Dinner at The Carrington Hotel

Friday the 27th in the day: Paracon Australia Workshops

Friday the 27th in the evening: Paracon Australia Opening Night Party

Saturday and Sunday 28th and 29th: Paracon Australia.

After Dark Events on Saturday the 28th in the evening.

Tickets can be purchased [here](#)!



DRAGON POWER – HEAL YOUR PAST.

By Tara Greene

Eclipse Solar – 8th March UT – 18d55' Pisces

Eclipse Lunar – 23rd March 3d17' Aries Libra

With so many planets still swimming through the sign of Pisces, Venus, Mercury, Neptune and the Centaur, Chiron plus dwarf planet Ceres, the South Node of the Moon is constantly highlighted, especially now between two eclipses. We are moving through quite a rare time and space, it is a liminal, twilight, transformative two week period. With the Pisces South Node being eclipsed the other day March 9th during the Solar eclipse we are in a significant state of and moving towards a new future focused on the next Lunar eclipse March 23rd in on the Aries/Libra axis. From the eternal and divine bounds of Pisces, we move to a more independent state within the You/ Me relationship.

In Pisces we are asked to trust and have faith in the unknown, or the future, guided by our

knowing and love. As the myth of Aphrodite and Eros the divine goddess and her primordial child, like the 2 fish represented in the Pisces glyph, Aphrodite and Eros being chased by the monster Typhon, connect themselves by tying a knot (El risha) and jump into the turbulent waters, knowing that they will always find each other, that they will never be separated and forever connected as they swim through the divine waters. A powerful myth reminding us of how our connection to the divine will always support us no matter what in the world we want to get away from. Trust in what is ahead, and don't be afraid to change what is necessary, is the significance of this eclipse season.

Eclipses can only be created when the Sun and Moon are closely aligned to the North Node, called the DRAGON's HEAD, from

ancient Indian Astrology, called RAHU, and the South Node of the Moon, the DRAGON'S TAIL, called KETU. This is very, very ancient symbolism is seen as the dragon energy which create eclipses. Dragon symbolism also attributed the way eclipses circle the earth in their ongoing Saros Cycles (more on Saros Cycles here).



In Alchemy, the dragon biting its tail in a divine a circle is called the OUROBORUS. It symbolizes wholeness, infinity, the cycles of time itself, the wheel of karma, the law of nature, the Phoenix rising eternally from its own ashes. In Ancient Egypt, China, India, Mayan, Aztec cultures all used this symbol which carried an important religious and mythological archetypal meaning. Game of Thrones, the incredibly popular HBO series, is based on the power of ancient dragons. These archetypal symbols always attract us because of their deeper and magical symbolism.

The Pisces South Nodal SOLAR eclipse, aligned with the dragon's tail always refers to past life karma or old ingrained unconscious patterns. The SOUTH NODE eclipse in Pisces conjoined with Chiron the Wounded Healer, allowing every one of us to totally release that past, whether totally conscious or unconscious, and to let go, through tears, through emotional release, prayers, mantras and intentions- all that has chained us.

Let all the old wounds and memories come up. I was remembering that I was not present when my mother and my father died. I never really grieved my mother's death properly because of the timing of her death. Whatever old memories or the realization of old stuck energy patterns arise, cry the pain out and let it go. Spend as much time as you can, releasing, stomping around, screaming, banging things, and letting go of old addictions, a PISCES theme. With Venus entering Pisces March 12th, there is more love, receptivity and emotional power to help release Alcoholism, shopaholic ism, romantic projections, unhealthy co-dependency, martyrdom, sex addictions, workaholicism, all of which can be healed. Shamans of the Yaqui lineage, the NAGUALS spend 7 years releasing their past memories in a breathing technique called Recapitulation. We may not have time to do this for seven years to do this, but can make the most of the time between these two eclipses to do some work on to help release past pain and destructive habits.



To do this.

Bring up all the emotion all the feeling: That emotional energy is the karmic glue, and is what will help releases it. Simply state with great emotion. "I release all past habits and negative karmic patterns both conscious and unconscious now from within myself and for all time and places, past, present and future. "

Focus on being healed from your old karmic issues and in the process you are baptized and washed clean of all your "sins." As you do this for yourself, you also heal the generational wounds, the sins of the fathers and the mothers. Be the witness who sees the patterns, the compulsions leave you and release yourself.

You are your own judge, jury and witness. It is also like the symbol of JUDGEMENT #20 in the TAROT where the ANGEL Gabriel blows

the trumpet on Judgement day and the dead rise again. The NORTH NODE, the DRAGON's HEAD always represents what we are aspiring to, where we are going. The LUNAR ECLIPSE March 23 comes three or four days after the SPRING EQUINOX the major turning point and the true beginning of the year.

A Lunar eclipse directly affects our emotions, it is a FULL MOON, a completion cycle, a communion time. The Lunar Eclipse at 3-17' degrees LIBRA is actually inconjunct to the star that symbolizes the Archangel Gabriel. Fomalhaut at 3 degrees PISCES Tropical. This is a challenge for us but one that means connecting the emotions and the mind, the head and the heart.

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Effie Seguel



In Light of Healing

Energy may not be visible, but it is as real as the air we breathe. Having that energy balanced within and around you is vital to your emotional, mental and physical wellbeing.

In Light of Healing was born to bring such balance, to give you the treatment and tools you need to live your life, amongst all the good and bad, while maintaining the most magnificent and optimum version of you.

EVIL EYE REMOVAL:

Negative energy is a force that can affect us more than we realise, the Evil Eye is the belief that a person can bestow bad luck onto another through the very gaze of their eyes, the words that they speak or even the thoughts that they have. Such energy can leave the receiver feeling tired, sick or simply out of sorts. I clear these energies through an ancient Greek ritual that lifts the Evil Eye restoring positivity and equilibrium to the person affected.

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Blessed Be Effie

Email: angel4e@optusnet.com.au

Facebook: www.facebook.com/inlightofhealing

Website: <http://www.inlightofhealing.com>

Tarot Corner



Nine of Cups

The 9 of Cups heralds a welcome change in circumstance and it is one of the most uplifting and pleasant cards to receive in a reading. It is a card that is most inspiring in this time of chaos.

Known often as the "wish card" it can mean that what you are hoping for or dreaming about most is very likely to be yours – in a brief period of time, generally, too.

The appearance of this card is usually a portent of happiness, and good things about to come. It also usually means that what you want is likely to come into being in your life. If asking a yes/no type of question, this card is the most powerful indicator of "yes", but like everything else in the tarot, that is not carved in stone.

This card indicates the good luck that you hadn't counted on could be yours. If you have a big dream, or are working on a project that has been stalled, this could be

the month that it moves forward finally. If you've been interviewing for a job, this could be the time that the one you were really hoping for finally comes through.

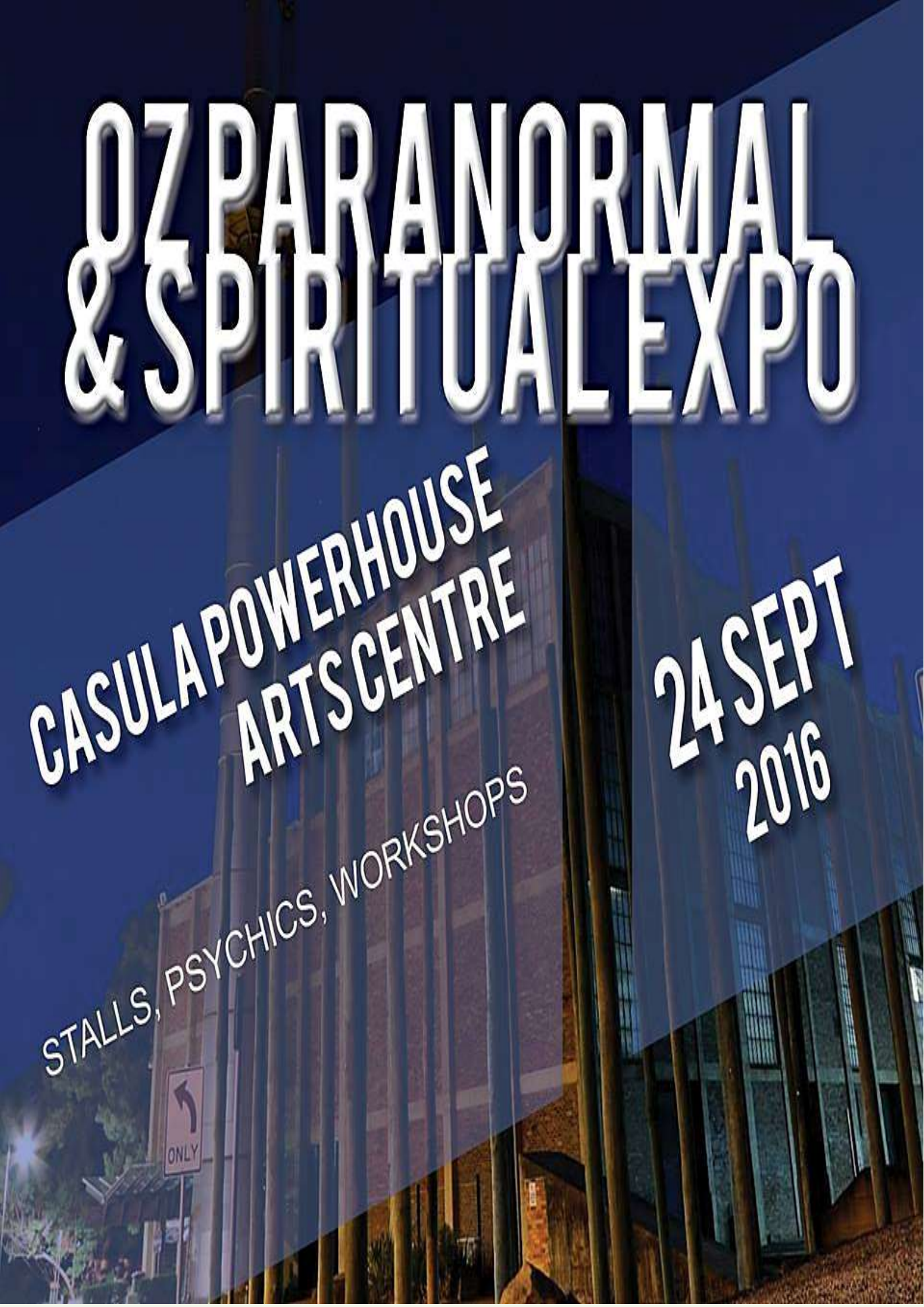
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What is PAN Inc.?

The Pagan Awareness Network Incorporated (PAN Inc.) is a not-for-profit educational association with members Australia-wide. It is run by a management committee whose members are drawn from a broad cross-section of the Pagan community. The Association is incorporated in the state of New South Wales, with sub-committees in other states of Australia. It has no formal ties with any religious body, but works in a proactive fashion, both within the Pagan community and as a point of contact for the public, including government and media organisations.

PAN Inc. aims to continue as the Australian Pagan community's most effective networking and educational body.

Our Mission

The Pagan Awareness Network Inc. (PAN Inc.) aims to:

Correct misinformation, raise awareness and educate the general public about Paganism and associated beliefs and practises in order to achieve religious tolerance

Foster the growth of the Pagan community through service

Brief History

The Pagan Awareness Network began in January 1997 when the Witches League for Public Awareness (Salem Mass. USA) withdrew their regional controllers. David Garland was the Australian representative and with the support of the coven he worked with,

had already embarked upon the task of making the WLPA a registered organisation here in Australia when this happened. Rather than waste all the work that had already been done David decided to start a new group here in Australia and so came up with the Pagan Awareness Network (PAN).

Join PAN

When you join PAN you are helping us to continue to provide help and services to the Pagan community. You will receive:

- a regular newsletter mailed to you.
- a membership card entitling you to discounts at selected PAN friendly businesses.
- discounts on selected PAN run events
- occasional giveaways and special deals.

Your membership goes towards helping us advocate for the Pagan community in the media and support events, groups and initiatives around the country.

Applying to join

To join PAN, first obtain a membership application form from our site. Applicants must be 18 years or older unless they have prior approval of the committee. Then fill out the membership form and send it back to us with payment. If you have any questions about joining please email us via our contact form [here](#).



Spheres Of Light

We stand in our power. The spark within us is one with the eternal flame that guides and sustains us on our journey.



Full Moon Circles - Sydney & Nowra



Spheres Of Light holds regular Full Moon Circles in the Sutherland Shire area of Sydney (Australia) and in Nowra (NSW south coast) on the Friday before each Full Moon (see dates below). These Full Moon gatherings are Open Circles, meaning that all Pagans are welcome to come along any time and experience a Full Moon circle with us.

SYDNEY NOWRA

| | |
|--------|----------|
| APRIL | Fri 22nd |
| MAY | Fri 20th |
| JUNE | Fri 17th |
| JULY | Fri 15th |
| AUGUST | Fri 19th |

| | |
|-----------|----------|
| SEPTEMBER | Fri 16th |
| OCTOBER | Fri 14th |
| NOVEMBER | Fri 11th |
| DECEMBER | Fri 16th |

TIME: arrive at 7:45pm for an 8:00pm start

WHAT TO BRING: a plate of food and/or drink (non-alcoholic) to share at supper afterwards.

WHAT TO WEAR: neat casual attire - cloaks/robes/ritual clothes may also be worn if desired.

COST PER CIRCLE: \$15 per person to help cover venue rental and other ancillary costs. If you would like to attend a circle please contact us for further details please send an email to inquiries@spheresoflight.com.au for Sydney Circle or phone Janine on 0408025268. Contact Nowra Circle at nowra.circle@spheresoflight.com.au

[Website: spheresoflight.com.au](http://spheresoflight.com.au)



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