

AXIS MUNDI WINTER 2017

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AXIS MUNDI

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Cover: Painting Draconic Alchemy by Lisa Winter - <http://lisajwinter.com/>

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Note from the Editor

The last few months have definitely been quite chaotic for most of us, especially in my case as I have been trying to renovate my house. I have been plagued by tradies that either work to their own peculiar timeframes or are total 'no shows'. My plans for finishing by the end of the year has now flown out the window.

Unfortunately chaos is raining down on all of us, just turn on the television set and listen to the reports coming in from all across the world: religious wars, famine, new strains of disease, etc. Have you noticed people seemed be at odds with each other and each day we hear of families suffering with housing and job loss, and people trying to keep their life and family together?

There are some spiritual beliefs that this chaos is heralding a beginning of a new era called the 'eighth day of the week' and until many of these problems are resolved, if that is possible, the amount of unsettledness, fear, anxiety and personal worry for many will continue to grow and climax until the change comes.

No doubt this period of chaos will hopefully redefine our way of living and thinking for years to come. It is hard to stop all of this from overwhelming us but if we focus on our own spiritual journey and the positive changes we are bringing to the world then maybe we can be the domino effect that can ride the wave into this new era.

***Blessings
Janine***



Dragon Power

By Janine Donnellan

“People who deny the existence of dragons are often eaten by dragons. From within.”
— Ursula K. Le Guin, *The Wave in the Mind: Talks & Essays on the Writer, the Reader & the Imagination*

Dragon Cosmology

The cosmos fluxes between contraction and expansion always, as above so below in infinity, that is the cosmic law. The awareness of being therefore comes from the void, for the void was empty but full of potential and the potential sparked and the cosmic fire grew, consumed and created until the universe was birthed in its multifarious & multidimensional planes of manifest and unmanifest existences.

Out of the void came the streams of intelligences forming the soul, the universal mind, the collective unconsciousness, the living pulsating fabric known as the matrix was engineered under the direction and determination of the "One" the Unknowable.

These cosmic streams of intelligences birthed the orders of union, the angelic orders, the dragon orders, the elemental orders, each working within their own designation but also working in harmony, unity and in chaos to a particular divine inspired blueprint with the soul purpose of Creation.

What is a Dragon?

There are countless opinions and theories on what is a dragon. Only when you start to seek out the Dragon will you know what the dragon means to you. Other people's views will then become irrelevant. The Dragon exists on so many different levels; spiritually, physically and intellectually. To many the Dragon is a celestial being that can take on a multitude of forms and energies and inhabits many dimensions throughout the cosmos.

How you see Dragons is basically coloured by the myths that you have grown up with. You may see Dragons as reptilian, fire-breathing monsters or totally different forms depending on your cultural background.

Dragons can also represent a variety of energy types. Dragons can be energy lines within your body and the ley lines & the grid lines of Earth. Dragons are seen as beings of lightness and the darkness, they are beings of chaos, they are the matrix of the universe, and they are the sonic boom that created our universe.

If you believe in the possibility of Angels then why not believe in the possibility of Dragons? It is believed that Dragons have equal status to the angelic realm, they possess mastery over the elemental realms and they can direct

and amplify the flow of light energy to the farthest reaches of the cosmos.

The dragons are eternal beings and are on an evolutionary path just like humans. The Dragon also epitomises the Hermetic principle "That which is below is like that which is above and that which is above is like that which is below". The Dragon represents the unknown and the hidden energy within our self, in nature and the cosmos.

Symbolism

The most common symbolic view of dragons is the Ouroboros, or the dragon encircling and eating its own tail. When shaped like this the dragon becomes a symbol of eternity, natural cycles, and completion.

Joseph Campbell in *The Power of Myth* viewed the dragon as a symbol of divinity or transcendence because it represents the unity of Heaven and Earth by combining the serpent form (earthbound) with the bat/bird form (airborne).

In the neo pagan perspective dragons represent symbols for independence, leadership, strength and wisdom; Dragons embody both male and female traits and like in the quote from Joseph Campbell above, they also include the opposing elements of earth and sky. Dragons represent the joining of the opposing forces of the cosmos.

Draconic Path

The Dragon path strives to make this unconscious force and knowledge conscious. The symbol of the dragon and the myths about it carries information about how the initiate can transcend one's ego and become an evolved spiritual being.

The wisdom of the dragon is symbolized by the treasure it guards, to find this treasure, this inner wisdom and knowledge one must search

and confront and overcome their inner demons.

Dragons are attracted to like beings?

The attraction to like beings occurs when your psychic signature approaches a state where your "inner light" can serve as a spiritual beacon in the astral, and those intelligences will be drawn to communication with you. It is important to note that Dragons choose you to work with rather than you choosing them. The path of meeting up with the dragons, is always seen as intense, challenging and dangerous, because it always involves confronting our passions through the inner process of alchemical transformation. The raising of this inner fire, is called an Attunement. The attunement is akin to attuning yourself to a particular frequency like you would do if you are trying to find a particular channel on a radio station. This process involves the raising of the kundalini, the force that resides in our base chakra, which for most part lies dormant waiting to be activated

Once attuned, you won't have to achieve such a lofty height to see the activity of dragons in your world. Though they abstain from manifestation these days, their ways haven't really changed. They are in evidence in the "communication" between regions of the world, as if the mother dragon's knowledge and experience was carried on the winds. You can hear it yourself if you train yourself to listen.

Secret Knowledge – The Dragon Knowledge is secret knowledge, they are careful who they divulge their information to. Do not divulge their knowledge to anyone without their permission. There will be dire consequences if you do!

References

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<http://lisajwinter.com/about>
Campbell, Joseph and Bill Moyers. 1991. *The Power of Myth*. Anchor. ISBN 038541886

Dragon Attunements

Janine Donnellan founder of Spheres of Light and SOL Illumination conducts Dragon Attunements to a particular element in the beginning of each year. In 2018 Janine will be conducting the next Dragon Attunement to the Element of Earth.

<http://illumination.spheresoflight.com.au/dragon-attunement-workshop/>



About the Artist – Lisa Winter

Lisa is a multi-skilled artist, Psychic and business owner of Sacred Ground & Space.

Lisa's aim is to share her art so she may inspire with people to open their minds and see the connectivity with all things. She is inspired by her experience with entheogens, magick ritual and meditation practice. This continues to be an evolutionary process and she finds this subject matter to truly resonate with who she is as an artist.

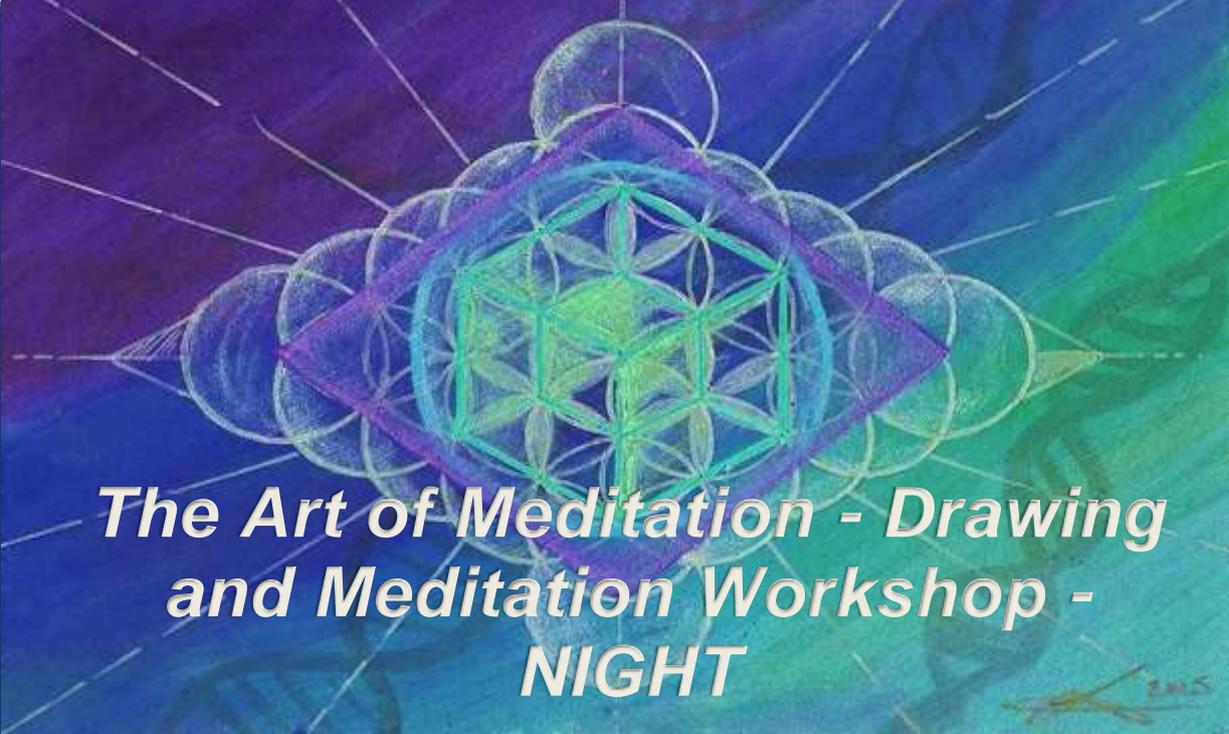
She is fascinated with the energy and power of sacred geometry and how we can tap into the collective through magick symbology. By doing so Lisa hopes to guide people to explore their own self-empowerment creating balance with our light and shadow to become whole.

Lisa's tertiary qualifications include a Cert 4 in IT (multimedia) -2008, Advanced Diploma of Professional Game Development 2011, and Diploma of Visual Art 2013. She is currently studying an Advanced Diploma of Transpersonal Art Therapy and will complete this by the end of 2017. As well as the courses Lisa has over 20 years studying the tarot.

Lisa is available for the following services at Macarthur Holistic Healthcare

**Commissioned Artwork
Psychic Fractal card readings
Sacred Geometry energy drawings
Spiritual Guidance sessions
Guided Meditation
Shamanic energy cleansing
<http://lisajwinter.com/>**

**You can get in contact with Lisa for an appointment via
Email: lisawinter84@gmail.com
Facebook:
[https://www.facebook.com/lisawinter
spiritualadvisor](https://www.facebook.com/lisawinterspiritualadvisor)**



The Art of Meditation - Drawing and Meditation Workshop - NIGHT

The Art of Meditation is a 6 week drawing and meditation workshop that focusses on learning a deeper meditative practice by using drawing and art making to better connect with consciousness exploration. This workshop is designed to facilitate healing, inspire a greater self-awareness through guided meditation and self-empowerment by developing artistic expression.

This workshop is excellent for those looking to begin a meditation practice or for those who want to deepen their current practice.

You don't have to be an artist to benefit from this workshop as you will be guided through the classes and taught how to use various drawing mediums as well as art making techniques. If you enjoy a practical approach to learning mindfulness then these classes are definitely for YOU!!

Over the 6 week course there will be 6 different lessons:

Drawing from the Mind - 2/8/2017
Drawing from the Body - 9/8/2017
Drawing from the Heart - 16/8/2017

Drawing from the Spirit - 23/8/2017
Drawing from the Soul - 30/8/2017
Drawing from Beyond - 6/9/2017

Each one of these classes will have a different guided meditation and we will get to explore 6 different drawing mediums such as, pastels, charcoal, graphite, colour pencil, ink and metallics.

This course will run on 6 consecutive Wednesday nights.

Time of the sessions are for 2 hrs from 7pm - 9pm.

Starting on 2/08/2017 - ending 6/09/2016.

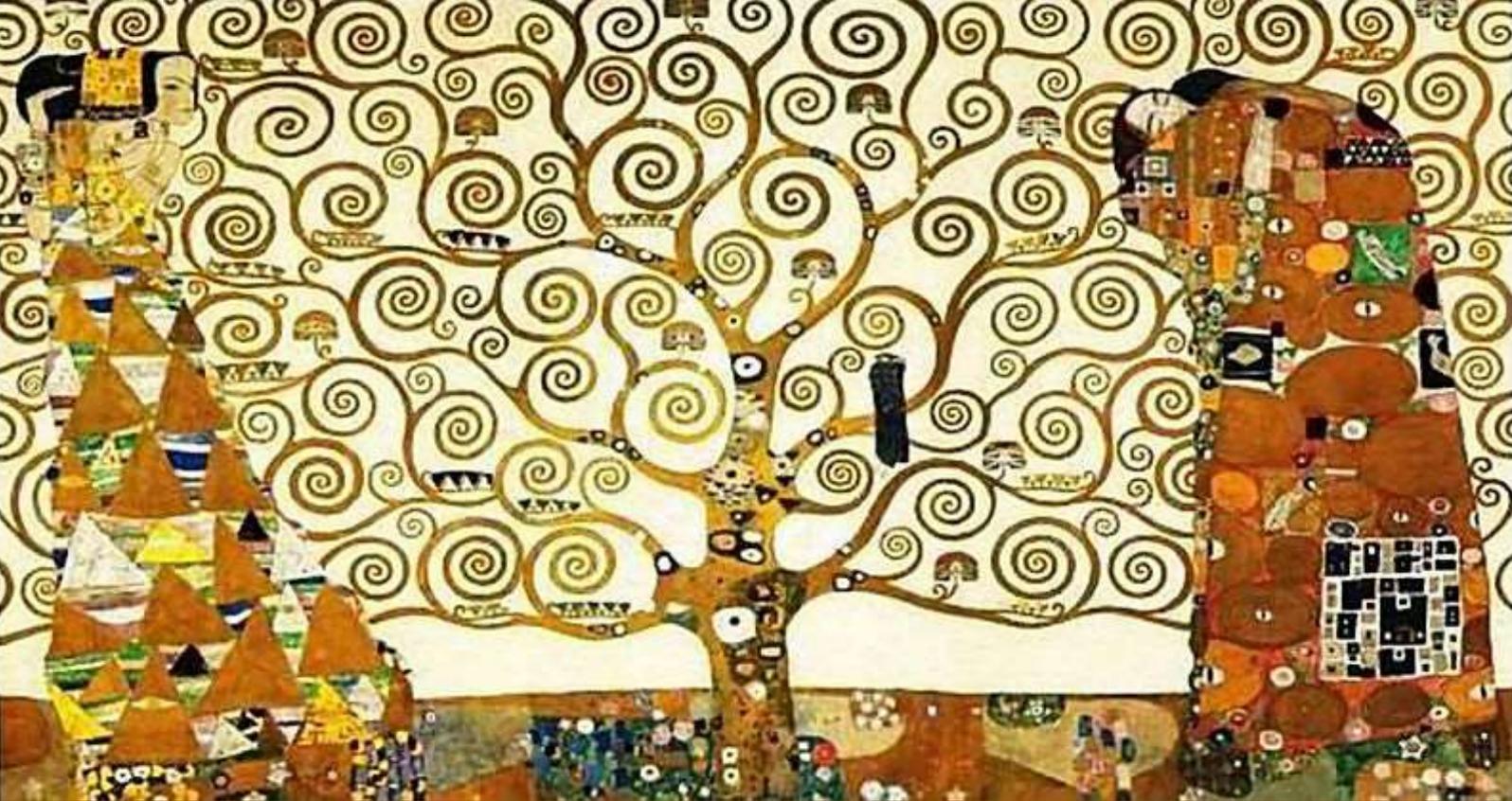
Cost is \$180 for the 6 weeks payable the by first week

Casual classes are available for those who would like to try out the course or are unable commit to the full 6 weeks. \$33 per casual class. Please advise you would like to attend by the Tuesday prior to the week's class so enough materials will be provided.

Spaces are limited to 10 people so get in early not to miss out!

**All materials are included in the cost and it is encouraged to bring an art diary for any note making or additional sketches.*

This 6 week workshop will be facilitated by the Visionary Artist and Psychic. Lisa J Winter.



The Celtic Shaman's Universe

The Celtic Shaman's cosmos, like that of other Shamanic universal views, consists of three Worlds; the Lower world, the Upper world, and the Middle world (where we live in ordinary reality.)

What differentiates the Celtic Shaman's universal view from that of other Shamanic traditions, is that these worlds are all connected by the great tree of life. Rooted in the Lower realm, its trunk extends upwards, through the middle world and into the Upper world, where its branches hold the stars, the sun and the moon.

The Celtic Shaman traverses the realms by climbing the tree (also seen as a great ladder or pole) into the Upper world. This is the realm of stars, celestial beings, and is the dwelling place of many gods and spirits of the air, and of the great Mother Goddess herself.

The lower world can be reached by descending the roots of the massive tree

into the realm of the spirits of the earth and fire, where sits the stag headed Lord of the Underworld, the homed one, protector of the animals. Here the Celtic Shaman can meet with helper power animals and spirit guides.

Thus all three worlds are linked by the great tree, and yet the tree itself and all of the universe are believed contained within the shell of a single hazelnut, lying next to the Well of Segais (the source of all wisdom.)

<http://www.sacredfire.net/shaman.html>

Painting

https://commons.wikimedia.org/wiki/File:Klimt_Tree_of_Life_1909.jpg Gustav Klimt [Public domain], via Wikimedia Commons



Imbolc Ritual at Spheres Of Light Loftus & Nowra - Friday 4th August at 8pm

Humanity is asleep, and we live in a culture that is out of balance with life and its elemental powers. Many of us know now what the price will be, more or less, for the excesses of our current lifestyles.

Imbolc is the time of the beginning of beginnings, the time to consider carefully what you will do with the year and your life stretching before you. Imbolc brings the awakening of the life force when the first green shoots of bulbs appear. Life is stirring again and the Sun God is causing things to grow. It is a time to honour the feminine and get ready for spring. At Imbolc, the Australian forests are bright with the colour yellow, with the Wattle trees coming into full flower.

Spheres Of Light's Full Moon Circles are open circles and anyone who wishes to experience a full moon circle is welcome to join us on the night.

Cost: \$15 plus bring a small plate of supper.
Dress is casual but you can dress up if you like.

If you are new to the circles and wish to attend or would like further information please send an email to inquiries@spheresoflight.com.au or phone Janine on 0408025268. Contact Nowra Circle at nowra.circle@spheresoflight.com.au



Winter Connections

By Janine Donnellan

The season of Winter is the most supernatural of the seasons, it is a time when the veils between the worlds are the thinnest and we can commune with our ancestors.

At the Winter Solstice, the Dark Goddess rebirths us into the spiritual realm of light.

Earth Correspondences for the Southern Hemisphere

Colour - Green, Brown, black

Salt (Rock or Sea) - Salt is used to represent Earth. When mixed with blessed water, it can be used to purify space and tools and self.

Pentacle - A pentacle is a five-point flat star that is used as a protective device. The points represent Earth, Air, Fire, Water and Spirit. It is a symbol of Earth and is associated with South



Earth is the element of stability, order and grounding. As the element from which came and to which we will return, earth is the element of death and rebirth, beginnings and endings, and silence.

Becoming connected to the Earth

Winter is an excellent time to connect with nature whether spending time caring for your garden or taking time out to ground yourself in a local park or any secluded natural area.



A great activity for a cold winter's day is to create a tile from air dried clay which during the making would be impregnated with your own energy and would represent the Element Earth and the power of manifestation.



Sense and feel how the earth feels to your body as you connect to the ground. Imagine your feet taking root and growing deep into the ground. Visualize these roots going deeper and deeper and drawing on the nourishment of the earth.

Why not spend time collecting interesting stones that you could include on your altar. The earth is filled with stones of countless shapes, sizes and colours. So many different textures, colours and patterns. Tap into the energy of the earth within each one that you collect. If you find some that you feel a connection with and want to keep, be sure to give thanks for you find.

Why not create a winter altar and add your own unique representations that has special significance to you. You can also add photos of family that have passed away as a form of remembrance and honouring of your loved ones.



There is much wisdom, knowledge and guidance within the element of earth. By taking the time to connect with the earth each day, you can tap into these qualities more easily and have a more enriched spiritual life.

Fire pit photo by Janine Donnellan, all other photos by Jenny Taylor.



Juniper ~ a Winter Fragrance

Juniper (*Juniperus communis*) was a Druid sacred tree. It is an evergreen tree or shrub with needle-like leaves in threes and berry-like cones that ripen to blue-black in their second or third year. The berries were believed to have protective properties, and branches were burnt in homes for purifications. The smoke of the leaves and wood was believed to drive away harm and pestilence.

Probably one of the earliest incense used by Mediterranean Witches; its berries were used with thyme in Druid and grove incenses for visions. Juniper grown by the door is said to discourage thieves. The mature berries can be strung in the house to attract love. Men use the berries to increase potency. Juniper incense can also be used for exorcism, protection, healing and love.



A Winter herbal blend:

2 parts Frankincense
2 part Pine Needles
1 Part Cedar
1 Part Juniper Berries

Magical uses of Juniper

Juniper is a masculine herb, under the element of Fire, and the influence of Jupiter. It is considered to be a protective herb, and specifically guards against theft. Wearing a sprig of Juniper is believed to protect the wearer

from accidents and wild animal attacks. Hung at your door, it's said to protect you and your home from evil forces, evil people, ghosts and sickness.



Juniper's most common use is in the making of incense, for which both the dried berries and needles and the essential oil are used. The berries have a relatively high oil content and tend to burn with a good deal of smoke.

Other magical uses of Juniper:

- Juniper can be used in rituals connected to good health and banishing anything injurious to health, fertility and where manifestation is an important part of the workings.
- Juniper used as a smudge is excellent for the purification and blessings of houses and other buildings.
- Dried Juniper berries can be strung together like beads for a simple amulet or charm.
- Carry around juniper berries if you find yourself bombarded by negativity.
- Juniper helps purify the aura and will protect you from any negative energy or incorrect magick that is sent your way.

Caution

Please be aware that many herbs have a number of different common names, some of which can also be used and confused with totally different plants that may have very different properties and also be highly toxic. For your own safety, always find out the scientific name of any herb you plan to use and check that you do in fact have the correct herb for a particular use.

Side Effects and Contraindications

Although Juniper berries can have health benefits if consumed, some people are allergic to juniper berries, and experience allergic reactions including itching, rash, swelling and difficulty breathing. If you are pregnant, do not consume juniper berries as this could cause you to miscarry. Also, juniper berry can interact with lithium, so people using this medication should avoid consuming these berries.

Sources:

<http://www.subter.com/is/?p=71>

<http://jksalescompany.com/dw/herbsandoil.html>

<http://www.livestrong.com/article/539975-the-toxicity-of-juniper-berries/>

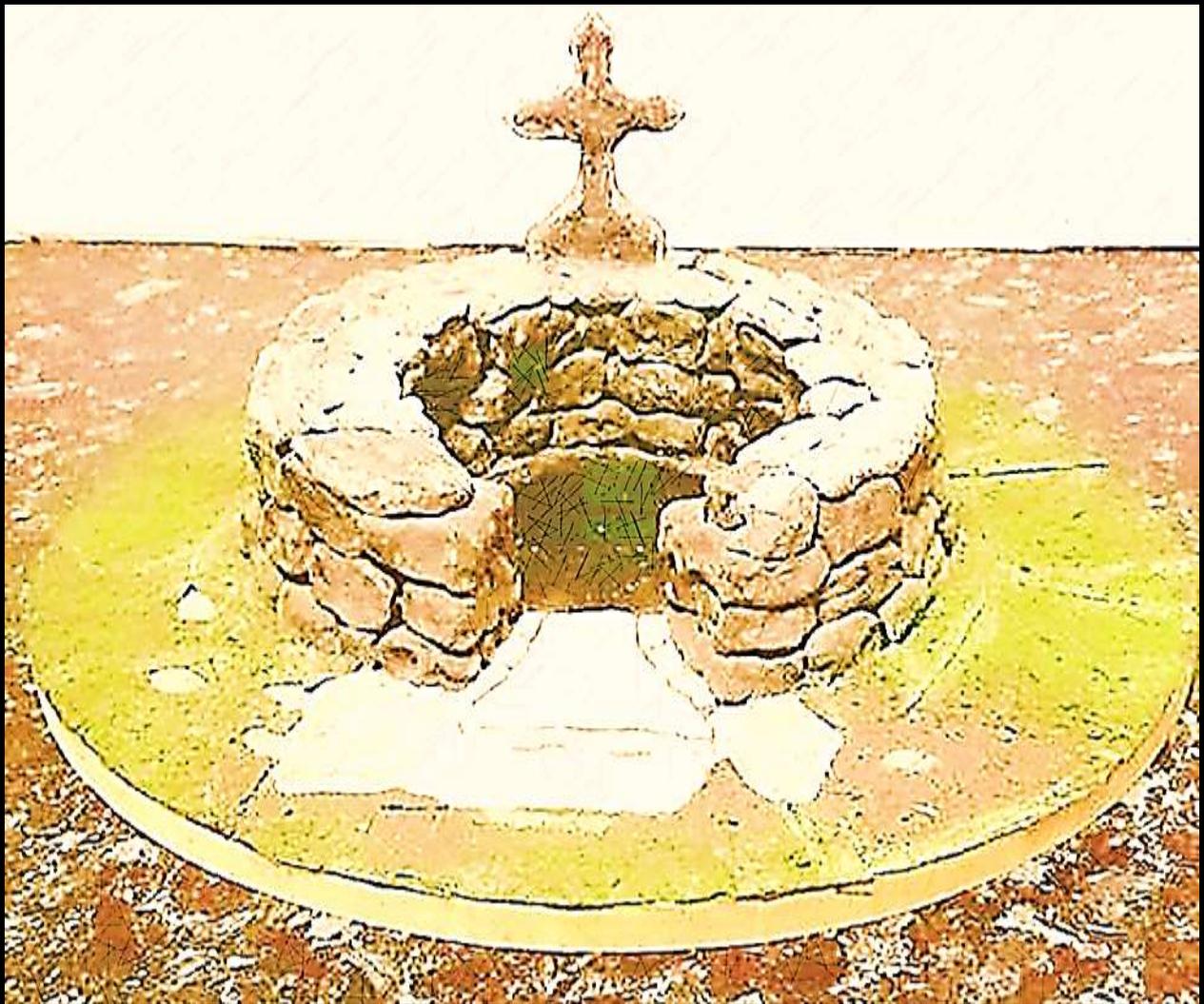
Photos:

Juniper Berry photo By MPF - Own work, CC BY 2.5,

<https://commons.wikimedia.org/w/index.php?curid=1023226>.

https://commons.wikimedia.org/wiki/File:Incense_stick.JPG#/media/File:Incense_stick.JPG

Cauldron by Jenwytch



Brigid ~ Imbolc Goddess

By Janine Donnellan

The above sculpture 'Brigid's Well' was created by Isabeau Bremer-Kamp

*Bride's Well
I am She
that is the natural
mother of all things,
mistress and governess
of all the elements,
the initial progeny of worlds,
chief of the powers divine,
Queen of all that are in the otherworld,
the principal of them
that dwell above,
manifested alone
and under one form
of all the Gods and Goddesses.
~ Lucius Apuleius*



At Imbolc, Brigid gives us the promise of spring, and of new life returning to the Earth. Because of this, she is also referred to as 'Brigid of the Green Mantle'. She is also known as goddess of healing and has many sacred wells, including the one at Kildare in Ireland, not far from where her fire temple used to be located. She is the Mother of Inspiration, Healing, Poetry and Smith craft. Known as a powerful Fire Goddess, Brigid is also a Water Goddess. She presides over fertility and childbirth as well as all forms of creation. She has countless sacred wells dedicated in her name, devoted to granting wishes and healing.

One legend which connects Brigid with water, tells how a crystal drop from the mantle of Brigid touched the earth and became a deep and clear lake. This was said to be a lake from Tir-Na-Moe 'Land of the Living Heart' and there was healing in it for all weariness and battle wounds.

Wells, springs and water in general were important to the Celts. Water was seen as boundaries or gateways to the otherworld and were all places to communicate with deity. Since the water came from the otherworld deep from within the earth it was especially blessed. At certain special places offerings have been made to wells and springs from time immemorial by those in search of healing or favours from the water gods or goddesses.



Kildare Brallistown Little St Brigid's Well

In pagan Ireland, the wells were visited at special times of the year: Imbolc, Beltane, Lughnasa and Samhain. These were all special turning-points of the Celtic year when the gates of the Otherworld were opened. This is especially true for Samhain, where the veil between the living and the dead was at its thinnest point, and often visions of the good people were seen in sacred places.

Throughout the centuries people visited the wells for their qualities of healing and divination. The well was viewed as a shrine dedicated to the miraculous emergence of living water, in all cultures a symbol of generation, purification, and the matrix of life itself

Imbolc Activity ~ Brigid's Cross

Brigid's cross or Brigit's cross is a small cross usually woven from rushes. Typically it has four arms tied at the ends and a woven square in the middle. Historically, there were also three-armed versions.



Brigid's crosses are associated with Brigid of Kildare. The crosses are traditionally made in Ireland on St Brigid's feast day, 1 February in the northern hemisphere and 1 August in the southern hemisphere, which is known as Imbolc a pagan festival that marks the beginning of spring. Many rituals are associated with the making of the crosses. Traditionally they were set over doorways and windows to protect the home from any kind of harm.

Details on how to make a Brigid's Cross can be found here <http://scoil-bhríde.com/how-to-make-a-st-brigids-cross/>

In pagan times, people honoured the "spirits of place," which were natural locations that were considered particularly sacred e.g. springs and wells, sources of water that came up from the earth and were considered to have healing properties associated with Brigid. You can create your own healing spell at Imbolc which

would incorporate a white candle, perhaps a few shells or pebbles from a stream or river. In this spell, you will be recreating Brigid's well in symbol, in the form of a pottery or stone bowl or cup. Since Brigid's Healing Well is a spiritual symbol, this recreation is just as valid as if you had applied to the spirit of a well in Kildare, in Ireland, or a river in Wales. It is said that you can may make up to three requests for healing, including one for general good health, as appropriate.

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<http://www.geocities.com/Athens/Troy/7080/wellstext.html>

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https://en.wikipedia.org/wiki/Brigid%27s_cross

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Possible Productions knotwork

By Steve Ball [CC BY-SA 3.0 (<http://creativecommons.org/licenses/by-sa/3.0>)], via Wikimedia Commons



Wattle a Flower for Imbolc



Photograph by A J Campbell of a woman amidst the blooms of a Cootamundra wattle *Acacia baileyana*

In Australia Wattle is an appropriate use of flower for Imbolc. The land is now bursting into this bright, joyous and abundant flower. This rich maiden time is often used as a time to bless the home and garden, let go of the old and prepare for new growth. Herbs, mixed with milk, honey and white or yellow flowers are used to bless the garden and traditionally young girls in white would bless the fields.

Flowering from the winter solstice to the spring equinox the many varieties of wattle are sacred to the sun and the solar festivals. The golden orbs represent not only the return of the sun but also wealth, success, good fortune, masculine energy, and abundance.

Wattle Medicine - Preparations from at least 30 of the more than 950 acacia species in Australia were traditionally used by indigenous Australians for medicinal purposes (Wickens and Pennachio 2001). Different parts of the acacia plant; leaves, branchlets, bark, gum, roots, pods and seeds, were prepared in different ways to drink or apply externally to cure ailments, the plant is mainly used for coughs, colds and flu.

References:

<https://theviolethourmuse.wordpress.com/2011/08/04/the-golden-wattle-of-imbolc/>

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<http://www.wattleday.asn.au/about-wattles/aboriginal-and-torres-strait-islander-knowledge-and-culture/practical-uses>



Creating Your Personal Altar By Janine Donnellan

Creating your own personal altar is a simple process of deciding the purpose of the altar and where you want to set it up in your home. Altars don't have to be grandiose displays taking centre stage in a room, they can be a simple arrangement on a side table, or on the kitchen bench, and the altar doesn't need to be in a fixed spot it can be moved around from room to room wherever it takes your fancy.



The purpose of an altar is to help you focus your spiritual intent which could be for creating rituals, doing spell work or just for honouring deities and other beings. The altar should not just be a decorative display of items and shining things, it should be alive with energy and be the centre of your creativity and inspiration. The items you choose for your altar should have significance to your personal beliefs and the purpose you have established for your altar.

So what things can you put on your altar?

Altar Cloth

You can use a variety of altar cloths in varying colours and patterns, depending on the purpose you have established for your altar. You can dress it up according to the seasons,

the Sabbats or the colours that is assigned to a particular God and Goddess. First up consider the use of the cloth before you cover the altar. If you are going to be mixing herbs, or creating spiritual objects such as handmade candles, smudge sticks or spiritual tools, then you may want to use inexpensive and practical material. If you are conducting a ritual to celebrate a Sabbat or a formal ceremony, then a more formal cloth, such as silk, satin or crushed velvet etc. may be preferred.

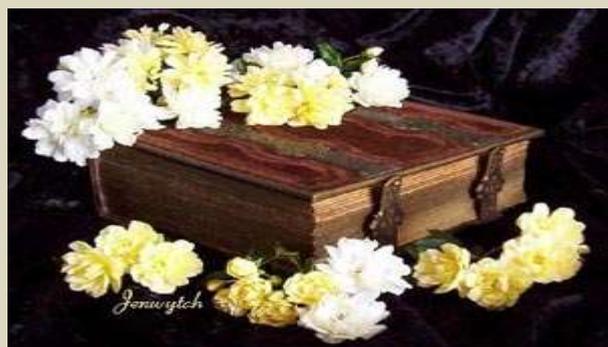
Candles

You could set up your altar using a single ceremonial candle to enable you to focus your energy and intent. There are no set rules regarding the number of candles you use and the purpose they are being used for. You can have candles that represent the four elements and a candle to represent the God & Goddess, the choice is yours. Just be aware of the safety aspects and ensure all candles are extinguished when you have finished your ritual

Chalice or Cauldron

The chalice and the cauldron are a symbol of the goddess and a representation of the element of water. It is usually placed in the west or in the direction of where water is located in your environment. The cauldron represents the great womb where spirit, inspiration, and wisdom are birthed. It is also a symbol of hearth and home and it is still used as a cooking utensil and thus provides nourishment and abundance to all who partake of its content.

A chalice can be a ritual cup or a goblet. The chalice may contain water or wine as part of your magical workings. There are variety of magical decorative chalices that you can add to the essence of your altar.



Grimoire or Book of Shadows

This is usually a book for you to record your spell work and experiences. You could place it on your altar if you have the room, otherwise place it in a safe place with all your other witchy valuables.



Magical Tools

You can include representations of four elemental tools of modern witchcraft which is the athame (fire) along with the pentacle (earth), the wand (air) and the chalice (water). If you like incense or herbs with your workings, you'll need to add an incense holder or a charcoal burner. You could also add a decorative feather for smudging. Crystals can also be added to help raise the energy of the ritual or other workings.

Creating Sacred Space

Before you begin any ritual or any workings you need to clear and cleanse and designate what area is sacred around your altar. You can do this by marking out the area with your wand or athame or just by pointing your finger. Fingers can be magical too!

Once your work is complete, you should close the energy around your altar by thanking the guides and the deities and other beings you have been working with. This will ensure the energy used for your workings has properly been shut down.

Once you have decided to create an altar just allow your imagination to run wild. Your altar will come together over time and will be a unique expression of you and your relationship to your own brand of witchcraft.

Photos: all photos have been taken by various members of Spheres of Light.
Book of Shadows by Jenwytych



NEPTUNE RETROGRADE: COSMIC BOOT CAMP JUNE 16TH 2017- NOV 22ND 2017 by Julija Simas

**Neptune Retrograde: June 16th
2017- Nov 22nd 2017
14°15' Pisces – 11°27'**

Neptune stations retrograde June 16th 2017, 14°15' degrees of Pisces. During the last few months with Neptune moving direct it was a time to connect with our inner intuitive self, our dreams, and our divinity in the scheme of the great big picture and what is going on within the chaos in this supposedly rational world! Now it's time to make sense of it, in Neptunian ways. We are all invited to a Neptune Boot Camp, to explore further his intuitive, magical and inspirational ways. To re-align, re-believe, re-connect, re-imagine, re-dream, re-inspire, re-call and re-source.

With a retrograde pass the planet's focus and meaning are amplified, easier to grasp, become more important to connect. Our Neptunian selves now need to become more internalised, privatised, as though the dreams we have ventured out to glean and the truths we have found over the past few months now need their special time for incubation and development. Since November 19th 2016 Neptune has been direct having moved from 9° Pisces to 14° Pisces, a time when for many of us many dreams have been realised, yet for some dreams may have been shattered. Collectively this seems to be the case. Either way our belief in life has been further shaped through life experience and has either taken

away or added to our belief in living in this material yet magical world. There is magic all around, yet some of us can't see it. It is no wonder, as the world around us continues to disturb our sense of living a wonderful life. Whichever way it's been or is for you, the retrograde, now asks for that integration. It stems from what we believe is possible and what we as individuals and as a collective believe the world, life has to offer us. This period of retrograde is now a time for this incubation, when we rework, reconfigure and redesign our world according to Neptune! What we believe is possible becomes ever more important.

Neptune is the planet of dreams, of universal knowing, of mysteries, of divine grace, of opening ourselves to the unknown, living with faith, believing in the future, being inspired by life. Without Neptune's attunement we live in fear of the unknown, we mistrust, we become paranoid, we become depressed, and we have nothing to believe in. Neptune's energy is that of soul and spirit, of transcendence, of tapping into our psychic ability, or living and being in a connected and spiritual world, if we don't have these connections, we are lost.

To understand the archetypal Neptune is to look at the myths of Poseidon/Neptune. The-God of the Sea was always telling of heroes being cast adrift, lost not knowing what be ahead, he would make his intended victims

lose their way in his realm, he would cast nets and trap them and make them stay lost at sea for long periods of time. Why? So that one would learn to trust in the unknown, and have faith in the unseen.

Neptunian types have this quality. Pisces is like that. Neptune is modern ruler of Pisces, and both are tuned to the never ending cycles of life, eternal consciousness. There is an understanding that there is no beginning and no real end, we transcend from one to another. We are all seeds of the future somehow. It's important to remember Jupiter here as well as the ancient ruler of Pisces as Jupiter as an archetype that at its best, trusts and believes in himself and acts accordingly! What can go wrong if you are indeed living in trust with your universe? What you believe and have faith in, has much to do with health of spirit, body and mind! Belief and trust in yourself and your actions is a key to trusting the world around you, for the steps you take come ultimately by your will. If you do not own this within yourself, then this retrograde pass is indeed the next evolutionary test from the God of the Sea!

Since the long coming of 2012 and before, and the transformation occurring around our globe, we have collectively known that the "current" worldview, actions and motives can no longer sustain us. New discoveries, ideas, new ways and thinking have been developing to help us cope with this transformational crisis. As biologist Bruce Lipton reminds us "crisis ignites spontaneous evolution". Bruce Lipton also tells us, that it is now no longer about the survival of the fittest, but it is those most able to adapt to their changing environment that are most likely to survive this world. This is another meaning of the word "Intelligence", those most able to adapt and use current information in any given environment. We can move ourselves above and beyond these world limitations, believe and be something greater than we have been told we can be. We are changing our minds and reprogramming our thinking, adapting to quantum values and changing our beliefs to adapt to the changing world and our evolving consciousness.

Be assured, that no one stands alone in the world of Neptune, we are all in this together, through Neptune we know we are all infinitely connected, we understand more these days

on how we live in a connected universe, how our hearts, our minds direct our world. As a collective we are tested to believe and stay positive in this crazy mixed up world, but what happens if we lose faith in it all? What happens if we no longer try to live up to our ideals, or know we can forge the dreams we dream of. We know and hear of dreams coming true all the time and people accomplishing impossible things beyond all comprehension and against all odds.

Neptune moves slowly and now with the retrograde, focuses on only a few degrees in our astrology charts. Wherever these few degrees of Pisces are in your astrology chart will be the focal point for this incubation. The place to reconnect to your inner dream. Retrogrades have potency as the planet passes closest to the Earth, bring it down, make it real, now is the time.

Neptune's retrograde transit includes:

Begins, quincunx direct Jupiter – A newly direct Jupiter in Libra alerts us to the connections we have made, this aspect is a difficult one to see, but be aware who is part of your dream and who can you trust, careful who you share your dream with.

For the Solstice Venus /Neptune sextile – Neptune in Pisces and Venus in Taurus is a magic mix, with both in their element this is an ideal time to take some clay and start creating that dream, start forming it into some kind of shape or indeed invest in it somehow.

Trine Mars/ Mercury June 27-29, square Jupiter – Some home truths come to light with Mars in Cancer, bringing in the emotions to help sort out some deep frustrations, they bubble to the surface and into the light. What is revealed is important for the dream, take note as this will help to activate the dream.

Aug 13th Mercury retrograde opposite Neptune and eclipse season – (more on this later)

Sept 5th – Sun opposite Neptune –

Sept 13th – Mars opposite Neptune –

Sep 30th – Venus opposite Neptune – with all of the 3 above – The Dream is alive! Here we will know if our dreams and desires are

coming, if the visions we have held are real or not! Nov – Sun, Mercury Venus then Jupiter move to trine Neptune from Scorpio at 11° mark as he turns to move direct again

Note trines, sextiles and squares, (if you are more advanced you could add more aspects) by natal planets, progressed and solar arc planets to the Neptune retrograde area from your own chart and keep abreast of the main transits of Neptune as seen above. See from where he challenges you the most at this time. It's like being at a Neptune Boot Camp. What needs to be developed the most from Neptune's realm. Use an orb of 2-3 degrees each side. If the retrograde of Neptune squares a planet in your chart be mindful of the challenge to keep your dream alive, challenges will help you sort out if the dream is true, authentic and meant to be. The tests by square push us to make something real, to work towards something we really want, and help sort out that which is no longer relevant to our big story! With an opposition, for anything in Virgo, we are able to see more clearly what is we are being confronted. what it looks like, what is it we need to be able to integrate into our being, accept, live with in order to continue on a freer and more illuminated path.

In this time pay special attention to dreams, to images, to symbols and stories. Get yourself out into nature, to the ocean, go on a retreat, and get out of that rat race. Find out where and why you are racing? It's time to dive into the waters of Neptune, the universal dissolver, into the essential ingredient of life itself to reconnect to our truer selves. In Neptune's realm we search further for the meaning behind life and take on our spiritual quest to reach divine heights.

During this retrograde Neptune reminds us that life can truly be about living a dream, we just need to believe it!

Feeling lost, confused, out of alignment with no direction. Perhaps it's time for some astro alignment and inspiration.
No better time to book in for a reading with me!

Or get with our program and make astrology part of your life, nothing like it to attune yourself to magical living!
Join our C*I*A collective, learn astrology and more!



COSMIC ★ INTELLIGENCE ★ AGENCY

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Shamanic Healing Course – Working Through the Elements

Shamanism is the oldest known strategy for personal evolution and growth. The practitioner should always start with healing themselves, 'healer heal thyself'. Shamanism creates a bridge between the physical world and the spiritual realm for healing, divination and transformation. During this 2 day program you will step into the medicine wheel where you will be physically and spiritually initiated into the elements of earth, air, fire and water and spirit. During the course you will be introduced to:

Spirit guides
Totem Animals
Shifting energy with drums and rattles
Smudging
Vision journeying
Creating a Medicine Wheel

Animal Medicine
Past Life Release
Sacred Ceremony
Soul Retrievals
Communing with Nature

This course will be facilitated by Janine Donnellan from SOL Illumination and Spheres of Light.

Where: Loftus Girl Guides Hall, 129 Loftus Avenue Loftus. Opposite Loftus Train Station

Dates: 16th & 17th September 2017

Time: 10:00pm – 4:30pm.

Cost: \$180

Closing date 4th September 2017

Bring lunch, notes and morning & afternoon tea will be provided.

BOOKINGS ARE ESSENTIAL

A non-refundable deposit of \$50.00 is required for all bookings. The final payment can be made on the day of the workshop.

A discount full payment of \$170 is available if made up front via PayPal or EFT. PayPal payments can be made [HERE](#). For additional information you can contact Janine on 0408 025 268.

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SEEKING ANSWERS IN YOUR LIFE, UNSURE WHICH DIRECTION TO TURN?

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Angelica is a naturopath, massage therapist and spiritual healer. She combines science with spirit to bring you unique sessions. With a compassionate nature and the wisdom of over 25 years clinical experience she combines massage therapies, spiritual counselling and hypnotherapy with naturopathic medicine allowing her to tailor a unique programme to support you.



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In Light of Healing

Energy may not be visible, but it is as real as the air we breathe. Having that energy balanced within and around you is vital to your emotional, mental and physical wellbeing.

In Light of Healing was born to bring such balance, to give you the treatment and tools you need to live your life, amongst all the good and bad, while maintaining the most magnificent and optimum version of you.

EVIL EYE REMOVAL:

Negative energy is a force that can affect us more than we realise, the Evil Eye is the belief that a person can bestow bad luck onto another through the very gaze of their eyes, the words that they speak or even the thoughts that they have. Such energy can leave the receiver feeling tired, sick or simply out of sorts. I clear these energies through an ancient Greek ritual that lifts the Evil Eye restoring positivity and equilibrium to the person affected.

CHANNELLED HEALINGS

My channelled healings are a gentle non-invasive process that restores harmony and balance to your mind body and soul. Guided by Spirit my healings are tailored to the individual needs of my clients ensuring that they are attuned to their very own perfect vibration.

During my Healings and Evil Eye Removal I also receive messages and when guided I use cards as a tool for Divination.

Blessed Be Effie

Email: angel4e@optusnet.com.au

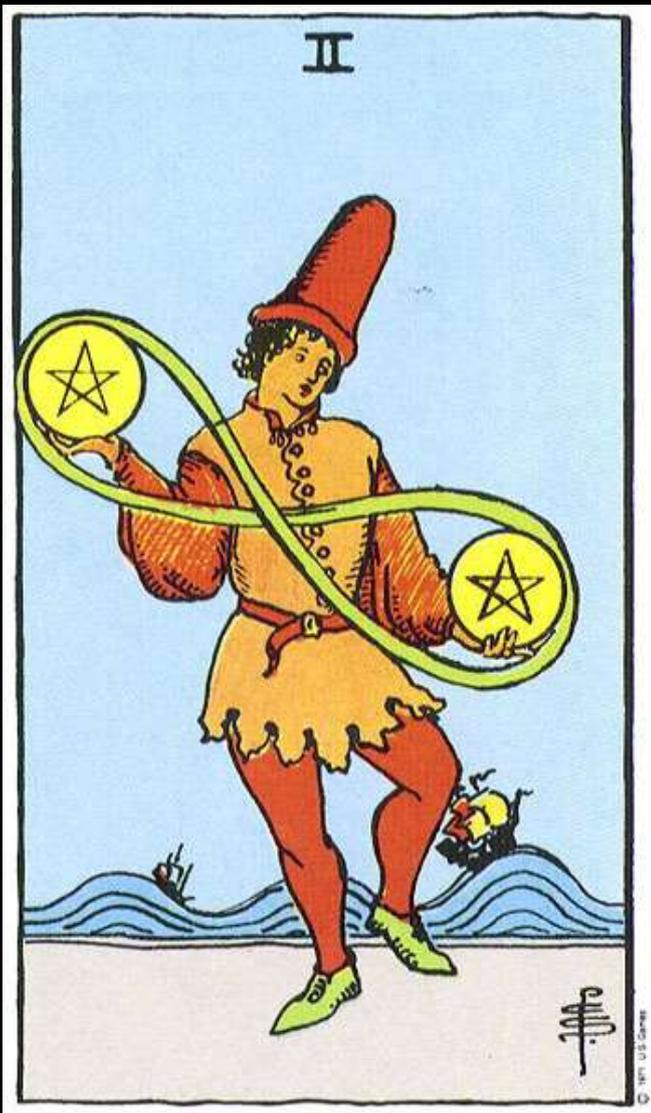
Facebook: www.facebook.com/inlightofhealing

Website: <https://www.inlightofhealing.com/>

Tarot Corner



The Two of Pentacles



The Two of Pentacles can represent a bit of a struggle in your life at the moment.

This card is usually an indication that you need to give specific focus to the more materialistic aspects of your life or that you are juggling too much and on the brink of failure or exhaustion. If you are currently dealing with this balancing act or just coming out of a rough patch you need to apply more attention to the stabilizing factors in your life.

Perhaps there is too much happening at work, causing you to lose focus on things at home or vice versa. Be prepared to take a step back and sacrifice one aspect or the other based on where your true need lies.

Spheres Of Light



Member Information

Spheres Of Light is an association of individuals from a variety of Pagan paths who seek to share experiences, understandings and teachings and who come together to celebrate and to connect with the cycles of the Earth through Lunar and Solar gatherings.

We are dedicated to the development our own unique philosophy and practice which incorporates the honouring of ancient shamanic forces, as well as the integration and adaptation of ancient mysteries from other traditional and ancestral Pagan cultures. To this end, we seek to draw upon this accumulated knowledge to further develop and deepen our own understanding

and practice of evolutionary witchcraft.

We believe that however complicated we, or our systems become, that the essence of our truth is simple, and that is the truth of our experience of connection with ourselves, the earth and spirit, and the inspiration this provides.

There is no prerequisite learning to attend our Full Moon Circles. These Full Moon gatherings are Open Circles, meaning that all people are welcome to come along any time and experience a Full Moon circle with us.

We also run Dark Moon circles which consist of a group of dedicated seekers from Spheres

Of Light who are embarking upon a journey of discovery to know themselves and to experience new realities. The Dark Moon circle is held during the dark moon of each month which is a time when one can walk between the worlds, a time when one can face their shadow to find their hidden potential.

The focus of our activities is on integrating and adapting ancient teachings and shamanic techniques into our own perspective of evolutionary

Witchcraft. Each member brings to this Circle their own unique skills, knowledge and qualities, which helps to make the experience of the Circle a valuable resource of learning. It is the core Circle where we develop our Group Mind by working strongly and regularly together. The development of the Group Mind takes time, hard work and practice to achieve, thus dedication, commitment and regular attendance is critical to the Circle's long term spiritual growth and development.

Membership

To apply for membership of the dark moon circle you will be required to send a formal application to be admitted to the group listing your reasons for joining. You can send your application to

inquiries@spheresoflight.com.au

If you are invited to join you will be required to:

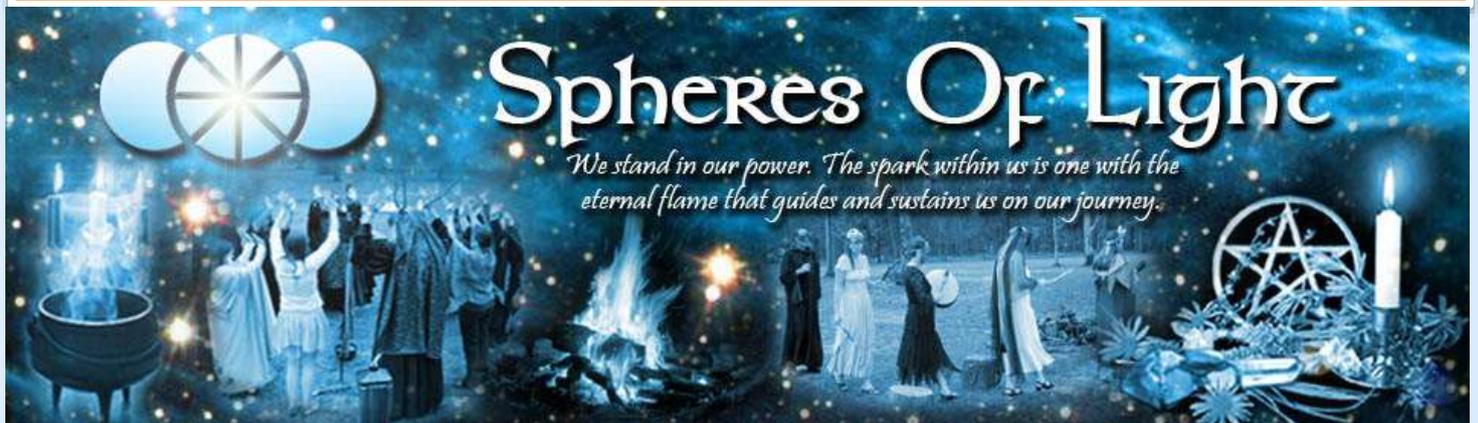
Regularly attend full moon circles and dark moon circles.

Demonstrate a high level of commitment and dedication to the circle's activities.

Ensure that you are able to fit in with the existing members of the Dark Moon group.

Regards

Janine





National Pagan Directory

A Spheres Of Light initiative to help Australian Pagans connect.

The National Pagan Directory (NPD) is a Spheres Of Light initiative to help people connect with other Pagans in their local area. It is a FREE listing & provides links to Australian Pagan groups & organizations. If you would like your coven, group or regular meet-up listed here please send us your details.

The NPD also provides a place for Aussie Pagan business owners and practitioners in many diverse fields, including Celebrants, to advertise their “Pagan-friendly” businesses and services here for FREE!





Janine Donnellan Space Clearing & Paranormal Consultant

Clearing negative energy from a building space creates an atmosphere that feels clean, smells fresh, feels lighter and more inviting and often allows the occupants to experience clearer thinking and happier harmonious environments.

The space clearing procedure usually takes between 1 & 2 hours, depending on the size of your home or office. The space clearings include marking out the Hartman gridlines with a dowsing rod and advice about the positioning of furniture, clearing out any spiritual inhabitants and finally concluding the session with a house blessing of your property.

Janine Donnellan can conduct a private space clearing in your home or business, clearing away negative or stagnant energetic 'imprints' built up over the years from the accumulation of day to day living and replacing them with calm, balanced energy.

Cost: \$150.00 plus travelling costs if outside the Sutherland Shire (in Sydney, Australia). **BOOKINGS ARE ESSENTIAL** ~ Please contact Janine on 0408 025 268 or <http://illumination.spheresoflight.com.au/> to make your booking. A non-refundable deposit of \$50.00 is required for all bookings and can be paid using PayPal.



What is PAN Inc.?

The Pagan Awareness Network Incorporated (PAN Inc.) is a not-for-profit educational association with members Australia-wide. It is run by a management committee whose members are drawn from a broad cross-section of the Pagan community. The Association is incorporated in the state of New South Wales, with sub-committees in other states of Australia. It has no formal ties with any religious body, but works in a proactive fashion, both within the Pagan community and as a point of contact for the public, including government and media organisations.

PAN Inc. aims to continue as the Australian Pagan community's most effective networking and educational body.

Our Mission

The Pagan Awareness Network Inc. (PAN Inc.) aims to:

Correct misinformation, raise awareness and educate the general public about Paganism and associated beliefs and practises in order to achieve religious tolerance

Foster the growth of the Pagan community through service

Brief History

The Pagan Awareness Network began in January 1997 when the Witches League for Public Awareness (Salem Mass. USA) withdrew their regional controllers. David Garland was the Australian representative and with the support of the coven he worked with,

had already embarked upon the task of making the WLPA a registered organisation here in Australia when this happened. Rather than waste all the work that had already been done David decided to start a new group here in Australia and so came up with the Pagan Awareness Network (PAN).

Join PAN

When you join PAN you are helping us to continue to provide help and services to the Pagan community. You will receive:

- A regular newsletter mailed to you.
- A membership card entitling you to discounts at selected PAN friendly businesses.
- Discounts on selected PAN run events
- Occasional giveaways and special deals.

Your membership goes towards helping us advocate for the Pagan community in the media and support events, groups and initiatives around the country.

Applying to join

To join PAN, first obtain a membership application form from our site. Applicants must be 18 years or older unless they have prior approval of the committee. Then fill out the membership form and send it back to us with payment. If you have any questions about joining please email us via our contact form [here](#).



Spheres Of Light

We stand in our power. The spark within us is one with the eternal flame that guides and sustains us on our journey.



Full Moon Circles - Sydney & Nowra



Spheres Of Light holds regular Full Moon Circles in the Sutherland Shire area of Sydney (Australia) and in Nowra (NSW south coast) on the Friday before each Full Moon (see dates below). These Full Moon gatherings are Open Circles, meaning that all Pagans are welcome to come along any time and experience a Full Moon circle with us.

SYDNEY & NOWRA

Next Full Moon Circle is on 4th August 2017

TIME: arrive at 7:45pm for an 8:00pm start

WHAT TO BRING: a plate of food and/or drink (non-alcoholic) to share at supper afterwards.

WHAT TO WEAR: neat casual attire - cloaks/robes/ritual clothes may also be worn if desired.

COST PER CIRCLE: \$15 per person to help cover venue rental and other ancillary costs. If you would like to attend a circle please contact us for further details please send an email to inquiries@spheresoflight.com.au for Sydney Circle or phone Janine on 0408025268. Contact Nowra Circle at nowra.circle@spheresoflight.com.au

[Website: spheresoflight.com.au](http://spheresoflight.com.au)

SOuL Searchers

Centre for Paranormal
Research & Investigation



SOuL Searchers is so much more than a paranormal investigation team! The SOuL Searchers website is your one stop place for all things paranormal. We provide:

- Information and articles about our investigations and research
- We conduct training, workshops and paranormal meetups
- We produce a quarterly paranormal magazine
- We conduct private investigations in the Sutherland Shire, Sydney.

SOuLSPI (SOuL Searchers Paranormal Investigators) is our specially trained paranormal investigation team and during our private investigations we conduct in-depth evaluations of spiritual activity from our own unique perspective in order to resolve the concerns of the client and to assist grounded souls to move on to higher realms and to further our own understanding of the nature of spirits and the afterlife.

Our mission is to investigate all logical explanations of environments that are associated with paranormal activity. We use a common sense scientific approach to all our investigations but also have an open mind to all theories & methodologies. Our SOuL SPI team is composed of individuals with a variety of talents both scientific and psychic, including skeptics and believers.

Each investigation is conducted in a professional manner, addressing any concerns such as privacy, safety and security. Adherence to the wishes of the client is paramount in every case study.

PLEASE NOTE: All members are volunteers and we conduct all team investigations free of charge.

If you have got a question or a story that you would like to share or you just want to talk about ghosts in general, please "Like" and leave your comments on our Facebook page, we would love to hear from you.

Contact SOuL SPI: 0408 025 268





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Contact Janine Donnellan (Editor) at: axismundi@spheresoflight.com.au
For further information and payment details.

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- and much more...

Contact:

Janine Donnellan

Janine.donnellan@gmail.com

<http://illumination.spheresoflight.com.au/>

0408025268

